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8:30am      **Call to Order**      Julie Myer, Chair

Upcoming Guests:

- March- Troy Lillebo
- April- President Choi- in person!
- May- Staff Ombudsmen

Send photos to Julie to see them featured on slides

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8:35am      **United Healthcare Resources**      Secily Adams, Health Engagement  
Coordinator, UMSystem &  
Caroline Murphy, Nurse Liaison

**Wellness Resources Updates**

- Secily is a great resource for group education, healthcare initiatives or challenges, [secily\\_adams@uhc.com](mailto:secily_adams@uhc.com)
- Caroline assists faculty & staff to find in-network specialists, navigate the United Health System, questions about medical benefits, [caroline\\_murphy@uhc.com](mailto:caroline_murphy@uhc.com), 573-296-0158

**Real Appeal-** launched in 2017/2018, healthy lifestyle program focusing on weight loss, enroll at [www.umissouri.realappeal.com](http://www.umissouri.realappeal.com). If you are in the United Health Care plan, this is zero cost to you. Great alternative to nuum or Weight Watchers.

- Parameters to join are based on BMI and group insurance program, BMI is 24+
- 18+ dependents are eligible if they are on your plan
- You can always re-sign up for Real Appeal, you may not get the “kit” again
  - The kit comes with your first enrollment in the program, includes some basic equipment. It includes a food scale, a body weight scale, resistance bands, portion control plate, and digital fitness and eating guides. It’s a digital fitness library.
- You can change coach and time of session at any point
- Coach expertise and background knowledge varies from coach to coach, many have personal training certifications or other health coach qualifications- always ask!

**One Pass Select**- exclusive to UHC, new program launching May 1<sup>st</sup>, fitness and well-being program, employees can have access to thousands of gyms and online classes without contracts, allows you use gyms nationwide, can add family members with 10% discount, can change tiers monthly, grocery delivery subscription comes with this service (Shipt and Walmart+), [onepasselect.com](https://onepasselect.com)

- \$10/month- Digital, no grocery delivery, 23,000 digital classes
- \$29/month- Classic, 12,000+ gyms, digital classes
- \$64/month- Standard, 13,500+ gyms and premium locations, digital
  - Cyclebar, Lifetime, Pure Barre, Row House, Barre, YogaSix
- \$99/month- Premium, 16,000+ gym and premium locations
  - Lifetime
  - Club Pilates
  - Crunch
  - Rumble
- \$144/month- Elite, 18,000+ gym and premium locations
  - Orange Theory
  - Lifetime

Premium locations are more boutique opportunities like Orange Theory, Barre, SoulCycle, etc.

If a gym you like is not currently participating, contact Secily to nominate it to see if it can be added.

Dylan Green and Julie Smith both shouted out how fantastic Caroline has been in identifying providers.

**Emotional Wellbeing Support (EAP)**- [liveandworkwell.com](https://liveandworkwell.com), enter access code UMISSOURI, resources include

- Unlimited telephonic access to master's level clinicians (24/7)- the phone line number will be changing soon
- 3 free counseling sessions per presenting issue with Optum network providers, offered in-person or virtually, consider virtual appointments to expand provider choice, find providers on Optum's Live and Work Well website
- Optum will provide the authorization code if you apply online or call
- Open to all employees- not limited to those covered under the Healthcare plan

**Mammogram Van**- Hospital Hill Campus

- March 6<sup>th</sup>, 1:30-5:30 pm

[Presentation Included with Minutes]

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8:50 am	<b>January Meeting Minutes Treasurer's Report</b>	Anna Zimmerman, Secretary Jess Pearson, Treasurer
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January Meeting Minutes approved.

Spent \$742.64 of \$19,000. Marilyn secured a \$1,000 donation from Danforth Lockhart. \$18,257.36. We have a \$50 charge for a scholarship on our account that we are following up on. Requested an updated budget from Engagement that includes the \$1,000 donation.

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8:55 am	<b>Committee Updates</b>	Committee Chairs
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Engagement Committee-

- Thursday, February 8th Info Table at Women's Basketball Game at 7 pm, Save the Date flyer for ProDevo Conference, still soliciting requests for presenters.
- We're planning for our Amazing Roo Race, more details to come!

Professional Development Committee-

- Conference & Staff Picnic on May 15<sup>th</sup>
- Call for Presenter is Still Open- sign up using the Google Form in the Newsletter, deadline extended to February 23<sup>rd</sup>
- Committee Meeting on February 8<sup>th</sup> at 8:30 am

Outreach Committee-

- Saturday, February 3<sup>rd</sup> had a great group go to Harvesters to sort meats
- Friday, March 1<sup>st</sup>- Junior Achievement
- Saturday, April 20<sup>th</sup>- Park Clean Up

Membership Committee-

- Met last week to define goals and activities of the Committee
- Next steps are proposing information to be added to Bylaws
- Total Membership is 47 voting members +/- 1, a few members out on Parental Leave

Communications Committee-

- Website Launch pushed to February 19<sup>th</sup>

**Budget Committee-** Cancelled**Faculty Senate-** Met February 6th, 2024

- Final report on Shared Governance Survey Received, survey conducted two years ago, went over feelings of support and empowerment from administration
- Physical Accessibility Survey will be coming to all faculty and staff in the next week or two.
  - Opportunity to explain issues in your building or your route around campus- handrail come loose, ADA elevator issues, etc.
  - Google Form- one issue per form
  - Some money has been allocated for this purpose

**ISAC-**

- Feedback on new PTO System- they understand a hesitation to take days off for sick leave at the expense of vacation time, the System's hope is that we will adjust after a transition period and realize we have enough leave for both purposes, Marsha encouraged managers to be flexible on flextime/remote work as we go through this transition
- Please share issues or positive feedback with the PTO plan.
  - If you had a baby less than 12 months ago, you qualify for 4 weeks paid leave before the year is up from the event. It does not need to be taken all at one time. Supervisor approval is required- so loop them into that conversation.
  - Chronically ill individuals or families lose the opportunity to take vacation because they must prioritize leave for illness.
  - Please send additional feedback regarding the changes to [staffcouncil@umkc.edu](mailto:staffcouncil@umkc.edu).
  - Marilyn: I submitted a request back in August to travel to the Philippines for 3 weeks, it was not approved until a few weeks into January because of the new PTO plan. I knew I would have the time, but they were waiting to see what my bank balance would be.
- **If you do not complete Compliance training by March 1<sup>st</sup>, you are not eligible for a merit increase this year. Tell your departments!** It was supposed to be completed by August. If you completed it back then, you don't have to worry. There are four compliance trainings brought by System, they are in Percipio. If you have not completed them, they will be on your home screen. If you aren't

sure, shoot Emily Strayhall a message. If anything happens, the very first question we get is – did they complete Compliance training?

The screenshot shows the Percipio user interface. At the top left is the 'skillssoft percipio' logo. Next to it is a 'Library' dropdown menu. A search bar is located in the top center. On the top right, there are icons for a trophy, a bell, a grid, and a user profile labeled 'AZ'. Below the navigation bar is a featured journey banner with a blue background. The banner includes a photo of a man, the title 'Thrive at Work: Mind, Body, Emo...', and a 'Learn more' button. A 'Compliance' tag is visible in the top right corner of the banner. Below the banner, a message reads: 'Greetings, Anna! Explore, discover, and master new skills.' At the bottom of the banner area, there are navigation controls including a play/pause button, a progress indicator, and left/right arrows. Below this is a user profile section showing a profile picture, the language 'English (United States) (EN-US)', and the user name 'Anna Zimmerman'. The main content area is titled 'Home' and features a large white box with the message: 'You completed all your assignments. Great job!' Below this message is a link to 'training history'.

### Administrative Council

- PhDs, Architecture, Additional Floor for Health Sciences Building, Strategic Plan Pillar 4 was updated to match the State of Missouri language- questions, please ask! Waiting for approval after Board of Curators meeting on February 8<sup>th</sup>.
- [Health Equity Institute \(HEI\)](#), involves 100 community-based orgs, over 300 UMKC faculty/staff/students, example projects include health impacts of the Zero Fair Transportation in KC
- Endowment Report- Julie happy to share the report, support for Pell eligible and First Gen support. 3.25 GPA, 95% retention, Scholarship pipeline programs have lead to growth in enrollment and retention
- First Gen Roo- if you are first gen, please join [The Alpha Alpha Alpha of Missouri-Kansas City](#) (must type THE when you search in RooGroups) to be involved!
- HLC Update- Higher Learning Commission, they have requested evidence for renewal, items will be submitted by February 15<sup>th</sup> to prepare a final draft by July 1<sup>st</sup>
- [Professional Development Opportunities](#)- check out the HR website

9:20 am

**Open Forum- What's Going on In Your Corner?**

- Staff Council T-Shirts have been ordered
- [African American Read In](#) in Miller Nichols Library at 2 pm
- Potential Probation Terminology Change for Graduate Students, updating to match UMSys, differences based on severity
- Youssef- [Several Career Fairs](#) happening this month, please encourage your students to attend, we have a Teams chat for Career Services update, if you would like to be added message Youssef Mekawy
- Ramadan is coming up March 10<sup>th</sup> through April 8th, please be compassionate to Muslim students that will be fasting from dawn to sunset, many students will be taking those holidays off
  - Religious Accommodations Form: [UMKC Employee Religious Accommodations Request \(maxient.com\)](#)
- [Funding is available for Internships](#) in various offices across campus, international students would be eligible for these internships, it needs to have clear learning objectives
- [Regnier Institute for Entrepreneurship](#), we have money to share for professional development and programming related to Entrepreneurship, deadline is March 15<sup>th</sup>, we are offering info-sessions next week
- Conservatory Admissions Team- this last Saturday we welcomed 116 students to campus to audition, tied for largest audition date since COVID
- March 1<sup>st</sup> – Our undergraduates have an Undergraduate Research Day at the State Capitol, students have to learn how to explain niche research to an average person, we are inviting staff to a dress rehearsal for these students- especially staff outside of the academic realms where these students study, keep an eye out for more information!
- Application for Supplemental Instruction Leaders and Tutors for Summer and Fall, open Monday, February 11<sup>th</sup>
- Beginning stages of a new Diversity survey to be launched in April or Fall
- Residential Life- Contract for Housing opened February 1<sup>st</sup>, Living Learning Communities are dedicated space, two new communities- Nursing and LGBTQIA+

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9:55am

**Adjourn**