### TABLE OF CONTENTS

**ARTS & CRAFTS** .................................................. 3
**DANCE** .................................................................. 6
**MUSIC** ................................................................. 10
**PERFORMANCE** .................................................. 12
**WRITING** ............................................................. 13
**PHOTOGRAPHY** .................................................. 13
**DRINK** .................................................................. 13
**SELF HEALING** .................................................... 30
**SELF DEVELOPMENT** ............................................. 2.8
**PARENTING** ......................................................... 2.8
**RELATIONSHIPS** ................................................... 2.8
**SINGLES** ............................................................... 2.8
**YOGA & TAI CHI** ..................................................... 2.4
**BEAUTY** ............................................................... 2.7
**HEALING** ............................................................... 2.6
**NUTRITION** ........................................................... 2.5
**MASSAGE** ............................................................. 2.5
**THE PANTRY** .......................................................... 2.2
**CAREERS** ............................................................... 2.0
**HISTORY & CULTURE** ............................................. 18
**LANGUAGES** ......................................................... 18
**PRAC TICAL SKILLS** ............................................... 18
**SCIENCE & PHILOSOPHY** ....................................... 18
**SOCIETY & INSTITUTIONS** ...................................... 18
**SKILLS & STUDIES** ............................................... 14
**MONEY** ................................................................. 14
**BUSINESS & COMMUNICATION** ............................. 15
**PRACTICAL SKILLS** ............................................... 16
**HOME & GARDEN** .................................................. 16
**LANGUAGE** ............................................................ 18
**HISTORY & CULTURE** ............................................. 18
**RECREATION** ......................................................... 22
**MUSIC** ................................................................. 22
**DANCE** ................................................................. 22
**ARTS** .................................................................. 23
**FOOD** .................................................................. 22
**ETHNIC** ................................................................. 22
**VEGETARIAN** ......................................................... 23
**DRINK** .................................................................. 23
**HEALTH** ................................................................. 24
**YOGA & TAI CHI** ..................................................... 24
**MEDITATION** .......................................................... 25
**PSYCHIC** ............................................................... 25
**HEALING** ............................................................... 26
**FITNESS** ............................................................... 26
**BEAUTY** ............................................................... 27
**ME & YOU** .............................................................. 28
**SINGLES** ............................................................... 28
**RELATIONSHIPS** ................................................... 28
**PARENTING** ........................................................... 28
**SELF DEVELOPMENT** ............................................ 28
**SELF HEALING** ...................................................... 30
**INNER PATHS** ...................................................... 31
**SPIRITUALITY** ......................................................... 31
**MEDITATION** ........................................................ 32
**PSYCHIC** ............................................................... 33
**OUTER PATHS** ....................................................... 34
**MARTIAL ARTS** ...................................................... 34
**RECREATION** ........................................................ 34
**SOCIAL CONCERNS** ............................................... 36
**SOCIAL ISSUES** ..................................................... 36
**VOLUNTEER** ......................................................... 36
**CALENDAR BY DAY** ............................................... 38
**REGISTRATION FORM** ............................................ 39

### UPCOMING DEADLINES:

<table>
<thead>
<tr>
<th>Winter Classes Begin</th>
<th>Monday, January 23</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer AD &amp; Class Deadline</td>
<td>Friday, March 30</td>
</tr>
<tr>
<td>Summer Classes Begin</td>
<td>Monday, June 4</td>
</tr>
<tr>
<td>Fall AD &amp; Class Deadline</td>
<td>Friday, July 20</td>
</tr>
</tbody>
</table>

### People teaching people since 1970

This is Communiversity’s Winter 2012 issue #151 which is published five times per year in August, October, January, March and May. Each issue of Communiversity introduces you to a world of people and ideas through classes, events and services unique to this area. Today there is no other metropolitan area in the entire country with an all-volunteer program that offers such a variety of classes at our nominal price. Whether you take a class, offer a class, or advertise a seminar or business, Communiversity is a great place to reach people who enjoy learning and experiencing life. You can find us at: Communiversity/UMKC (Office of Student Involvement, Student Union, Suite 320, 5100 Cherry, KCMO 64110 or www.umkc.edu/community.

### COMMUNIVERSITY STAFF

Rick Mareske
UMKC Student Work/Study Employees: Mark Modesitt, Amber McCurry, Kasim Hardaway, Remy Wharry, Amra Suljic, Sarah Clark and the Office of Student Involvement

### CATALOG PRODUCTION

The Communiversity Staff
Assistant Editor: Sam Good

### Thanks:

Kansas City Metropolitan Libraries, UMKC, Westport Presbyterian Church, City in Motion, Westport Roanoke Community Center, Tony Aguirra Community Center, UMKC School of Medicine, Kansas City Academy and to the many individuals who have shared their homes and businesses. Communiversity depends upon the good will of individuals and organizations from both the University and the community in providing meeting facilities for classes. We thank you for your donations of rooms.

### Special Thanks To:

The many volunteers who teach our classes, distribute our catalogs and register our participants. The Communiversity Advisory Board, Regina Compernolette, Lauren Baxter, Marcia Roberts, John Pearse, Kristie Macan Martin and the Office of Student Involvement Staff. Funding assistance by Swinney Recreation Center at UMKC. The Communiversity Web Site has a new look thanks to Bree Davis. Special thanks to Tena Bellovich and Kevin Mullin for their assistance with this project. The Communiversity Advisory Board, Regina Compernolette, Lauren Baxter, Marcia Roberts, John Pearse, Kristie Macan Martin and the Office of Student Involvement Staff. Funding assistance by Swinney Recreation Center at UMKC. The Communiversity Web Site has a new look thanks to Bree Davis. Special thanks to Tena Bellovich and Kevin Mullin for their assistance with this project.

###打印和绑定

Printing and binding of Communiversity Catalog by Tribune Publishing on recycled paper.

### DISCLAIMER:

All opinions expressed in Communiversity classes and course descriptions are those of the convener(s) and not necessarily represent the opinions of Communiversity, UMKC or the Office of Student Involvement.

### An easier to read map which includes metered parking lots may be found at:

http://www.umkc.edu/maps
#1001 A
**The Little Black Skirt**
Learn the basics on how to follow a sewing pattern to create your own little black skirt. Purchase your own sewing pattern and bring it to class with the thread and other items listed on the instructions panel, or basic supplies will be provided for $10. Let’s get sewing! Convener majored in fashion design and sells designs online.

**CONVENER:** Avritt Lemon-Brown (816-517-1361)
**Email:** hridzm@yahoo.com
**CLASS FEE:** $9.00
**Sec. A:** 1 session; Saturday, February 04; 2:00 PM - 3:30 PM; Plaza Library, Large Room, 48th & Main, KCMO; LIMIT: 15

#1002 A
**How to Collect Art**
This discussion will explore how to budget for collecting art, types of art with which to begin, growing a collection, discuss methods of acquiring art, displaying, storing, enjoying the collection, and other tricks of the master painters. Paintings will include the world famous Caravaggio, Mark Rothko and others. Avritt’s father studied with Matisse at Academy Julian in Paris. Avritt has owned a gallery on the historic Canyon Road in Santa Fe (handling New York contemporary painters), and has been an artist’s agent for a number of years.

**CONVENER:** Avritt Lemon-Brown (816-517-1361)
**Email:** hridzm@yahoo.com
**CLASS FEE:** $9.00
**Sec. A:** 1 session; Saturday, February 18; 10:00 AM - 12:00 PM; Renaissance Festival grounds, Booth 651 (Near Sandstone), Bonner Springs, KS; LIMIT: 6

#1003 A
**How to Look at Art—Paintings**
This class will concentrate on how to view paintings. We will convene at noon and tour a collection of some specific great master paintings at the Nelson-Atkins Gallery. We will discuss ways of entering the painting based on composition, color, and other tricks of the master painters. Paintings will include the world famous Caravaggio, Mark Rothko and others. Avritt’s father studied with Matisse at Academy Julian in Paris. Avritt has owned a gallery on the historic Canyon Road in Santa Fe (handling New York contemporary painters), and has been an artist’s agent for a number of years.

**CONVENER:** Avritt Lemon-Brown (816-517-1361)
**Email:** hridzm@yahoo.com
**CLASS FEE:** $9.00
**Sec. A:** 1 session; Saturday, March 17; 12:00 PM - 2:00 PM; Nelson Art Gallery, Roselle Court, 4525 Oak, KCMO; LIMIT: 15

#1004 A
**N’Debele Tubular Bracelet**
The N’dbele (en-duh-belly) is a South African bead weaving technique. It is quick to work. We will make a tubular bracelet that is soft and sleek to touch. Bring to class: small scissors, big eye beading needle, beading thread such as Nemo and $20 for materials. Sandi Rose is a bead artist who has taught bead-weaving techniques for the past ten years.

**CONVENER:** Sandi Rose (816-326-7315)
**Email:** beaddecentric@yahoo.com
**Website:** www.etsy.com/shop/kokofabulous
**CLASS FEE:** $9.00
**Sec. A:** 1 session; Saturday, March 03; 1:00 PM - 3:00 PM; Brush Creek Community Center, 3801 Brush Creek Blvd., KCMO; LIMIT: 10

#1005 A
**Basic Blacksmithing**
Blacksmithing has a long and very interesting history from the early days of horseshoeing to being “Under the Spreading Chestnut Tree.” Come and learn the basics. No, you won’t be a blacksmith when the class is over but you will have ample opportunity to see if this hobby is for you without the financial investment of a blacksmith shop. $25 deposit reserves your place in the class when you register. Please bring the $100 balance to the first class.

**CONVENER:** Micheal Nave (913-521-4940)
**Email:** cedric@cm.org
**CLASS FEE:** $14.00 + $25.00 material fee = $39.00
**Sec. A:** 2 sessions; Saturdays, beginning, May 12; 8:00 AM - 4:30 PM; Renaissance Festival grounds, Booth 651 (Near Sandstone), Bonner Springs, KS; LIMIT: 6

#1006 A or B
**Purse Magick**
Make a beautiful purse from a 100% wool sweater. Take that itchy, bulky sweater and turn it into a purse, complete with pockets, perfectly designed for your needs! Dig through your closets and boxes for a 100% wool sweater (contact instructor for pre-class felting instructions) or purchase a felted sweater for an additional $5 from the instructor at the time of class. Please bring $10 for materials to class.

**CONVENER:** Christine Shuck (816-331-5502)
**Email:** christineshuck@kc.rr.com
**Website:** www.25thHourOrganizing.com
**CLASS FEE:** $9.00
**Sec. A:** 1 session; Saturday, February 18; 10:00 AM - 12:00 PM; Student Union (New), Rm. 419, 5100 Cherry St., UMKC Campus, KCMO, metered parking lot on north side, one building to the north; LIMIT: 10
**Sec. B:** 1 session; Saturday, April 28; 10:00 AM - 12:00 PM; Plaza Library, Large Room, 48th & Main, KCMO; LIMIT: 10

#1007 A
**Intermediate Blacksmithing**
For those of you who have completed the Basic Blacksmithing class, here is an opportunity to hone those skills and your imagination in this two-day class. You must have taken the Basic Blacksmithing to qualify for this class. $25 deposit reserves your place in the class. Please bring the $100 balance to the first class.

**CONVENER:** Micheal Nave (913-521-4940)
**Email:** cedric@cm.org
**CLASS FEE:** $14.00 + $25.00 material fee = $39.00
**Sec. A:** 2 sessions; Saturdays, beginning, May 12; 8:00 AM - 4:30 PM; Renaissance Festival grounds, Booth 651 (Near Sandstone), Bonner Springs, KS; LIMIT: 6
#1008 A
Making Paper from Plants
Participants will learn about selecting and collecting plants for papermaking, and how to prepare (cook) them. Kozo (a Japanese mulberry fiber) will be used as a prototype. Participants will hand-beat Kozo and learn laminating and embedding techniques to make beautiful sheets of paper. Learn how to make paper from plants in your garden. All materials provided, which includes fiber cost, preparation of fiber, equipment use and studio set up. Jennie Frederick has apprenticed with Twinrocker and has a BFA in Fiber from the Kansas City Arts Institute, and a MFA from ISU. She conducts workshops and exhibits her art nationally and internationally.
CONVENER: Jennie Frederick
CLASS FEE: $14.00 + $48.00 material fee = $62.00
Sec. A: 1 session; Saturday, May 05; 10:00 AM - 3:00 PM; Jennie Frederick's Studio, Convenor will contact with location; LIMIT: 10

#1009 A
Peyote Stitch Day of the Dead Pendant
We will use peyote stitch to make a whimsical Day of the Dead pendant that can be hung from a chain or cord. This playful pendant can be seen in the “course photo album” at www.facebook.com/beadeccentric. This is a beginners project. Bring to class: small scissors, big eye beading needle, white beading thread such as Nemo and $15 for materials/kit.
CONVENER: Sandi Rose (816-326-7315)
Email: beadecentric@yahoo.com
Website: www.myspace.com/beadeccentric
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, March 31; 1:00 PM - 3:00 PM; Brush Creek Community Center, 3801 Brush Creek Blvd., KCMO; LIMIT: 10

#1010 A
Tubular Peyote Bangle
Tubular peyote stitch can be used to make a closed circular bangle bracelet. This is a real plus for those who want to make a bracelet that is smaller or larger than the standard 7” bangle. This is a beginner’s project and will be finished at home. Bring to class: small scissors, a big eye beading needle and Nemo thread in a neutral color. Bring a $20 material fee to class for kit. Go to www.facebook.com/beadeccentric and look in “course photo album” to see sample bangles.
CONVENER: Sandi Rose (816-326-7315)
Email: beadecentric@yahoo.com
Website: www.myspace.com/beadeccentric
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, May 05; 1:00 PM - 3:00 PM; Brush Creek Community Center, 3801 Brush Creek Blvd., KCMO; LIMIT: 10

#1011 A, B or C
Wildlife Drawing
Come have fun drawing animals at the zoo. We will start each session at the zoo’s front entrance. I will be emphasizing the use of gesture drawings and quick studies. Core lines, blocking in, contouring, and spatial relationships will be some of the topics covered. All drawing levels welcome. You are responsible for your zoo admissment (a “Friends of the Zoo” membership is the most economical way). Please bring $5 for instructional handouts, a sketch pad, drawing board, and dry media (e.g., conte crayon, charcoal, grease stick pencil, or oil pastel).
Homer has worked as a commercial/graphic artist and is a practicing artist in the KC area.
CONVENER: Homer Janssens (816-824-3822)
CLASS FEE: $18.00
Sec. A: 5 sessions; Sundays, beginning, March 04;
Sec. B: 5 sessions; Sundays, beginning, April 08;
Sec. C: 5 sessions; Sundays, beginning, May 13;
MEETS: 9:15 AM - 11:30 AM; Kansas City Zoo, Main Entrance, 6700 Zoo Dr., KCMO; LIMIT: 7

#1012 A, B, C or D
Figure Drawing
Join us in a relaxed setting where you can do a lot of drawing. We cycle through ten poses per session with an emphasis on getting the essence of the model down as quickly as possible, followed by shading and adding detail. Gesture drawing, core lines, blocking in, contouring, and spatial relationships will be covered. All drawing levels welcome. Please bring $45 (for model fee and room rental per session) with you. Printing paper, pens, pencils, sketch book, sketch pads, and eraser will be provided. Please bring $4 to cover materials.
CONVENER: Homer Janssens (816-824-3822)
CLASS FEE: $18.00
Sec. A: 5 sessions; Wednesdays, beginning, May 09;
Sec. B: 5 sessions; Wednesdays, beginning, May 30;
Sec. C: 5 sessions; Wednesdays, beginning, June 20;
Sec. D: 5 sessions; Wednesdays, beginning, July 11;
MEETS: 7:15 PM - 9:15 PM; Buena Vista Studio, 4301 W. 51st St., Roeland Park, Ks, I-35 to Roe; Roe south to 51st Street; 51st Street east to Buena Vista; LIMIT: 10

#1013 A
Crocheted Amigurumi
With basic crochet skills (chain stitch and single crochet are all you need) and five to ten yards of yarn, you can create your own amazing little creatures. Need a Leprechuan, an Easter decoration, a purse gnome or a desk companion? Let’s see what we can create.
CONVENER: Nirmal Kaur Khalsa (816-753-1781)
Email: NirmalCrochets@gmail.com
CLASS FEE: $9.00
Sec. A: 1 session; Friday, March 16; 5:30 PM - 7:30 PM; The Studio, 1121 W 47th, KCMO; LIMIT: 12

#1014 A
Learn to Crochet
Cozy up with a crochet hook and some yarn and learn all the basic stitches: chain, single, double and treble. From there you can make afghans, scarves, hats, dresses, baby clothes, purses, decorations, boxes, or whatever you can imagine. Bring your own supplies or buy them at class. Nirmal has been crocheting ever since her grandmother taught her at age seven.
CONVENER: Nirmal Kaur Khalsa (816-753-1781)
Email: NirmalCrochets@gmail.com
CLASS FEE: $14.00
Sec. A: 2 sessions; Saturdays, beginning, February 11; 2:00 PM - 4:00 PM; The Studio, 1121 W 47th, KCMO; LIMIT: 8

#1015 A
Leather Bow Bracelet
We will use soft leather and jewelry findings to create a comfortable, trendy fashion statement. Go to www.facebook.com/beadeccentric and click on “course photo album” to see samples. Please bring a sharp scissors to class with you.
CONVENER: Sandi Rose (816-326-7315)
Email: beadecentric@yahoo.com
Website: www.myspace.com/beadeccentric
CLASS FEE: $9.00 + $20.00 material fee = $29.00
Sec. A: 1 session; Saturday, March 24; 1:00 PM - 3:00 PM; Brush Creek Community Center, 3801 Brush Creek Blvd., KCMO; LIMIT: 10

#1016 A
Papermaking Out of Everyday Materials
We will explore the ancient methods of papermaking using everyday, off-the-shelf products and recycled materials to make artful 8 1/2” x 11” sheets of unique paper. Just in time for Valentine’s Day. Please bring with you dryer lint, glitter, ribbons, yarns, and other materials to be incorporated into your one-of-a-kind papers. Rebecca is a KCAI graduate in Ceramics with a minor in Fiber Art. Colored and natural paper pulp, sizing and papermaking tools will be provided. Please send $25 to cover materials to Back Door Pottery (listed below).
CONVENER: Rebecca Koop (816-483-6964)
Email: beckykoop@aol.com
Website: www.backdoorpottery.com
CLASS FEE: $9.00
Sec. A: 1 session; Wednesday, February 01; 6:00 PM - 9:00 PM; Back Door Pottery, 3922 St. John Ave., KCMO, 64123; LIMIT: 10

#1017 A
Egyptian Paste Faience Clay Beads
Egyptian Paste (faience) is colored self-glazing clay fired to 1900° F. Class includes demonstrations of marbling, forming, molding, and hands-on bead ornament making. Participants will string and assemble the fired beads into a finished piece. Please send $35 to cover materials and firing to Back Door Pottery, 3922 St. John Ave., KCMO, 64123; LIMIT: 10
Any day spent knitting, is a good day. ~Author Unknown

**#1018 A**

**Wood Fired Raku**

Learn basic hand-building techniques and produce at least one piece to be bisqued, glazed and raku-fired. In the second session we’ll glaze fire our hand-built work in a wood-fired raku kiln. Be prepared to cut some wood and stoke the kiln to reach a glowing temperature of 1950° F within an hour. The pots are pulled out red-hot and quickly cooled so that they can be completed in the afternoon. Rebecca is a KCAI graduate in Ceramics with a minor in Fiber Art. Please send $35 for materials and firing to Back Door Pottery (listed below). If it rains we will reschedule the second meeting. Bring a lunch or hotdogs to roast.

*CONVENER: Rebecca Koop (816-483-6964)*
*Email: beckykop@aoel.com*
*Website: www.backdoorpottery.com*
*CLASS FEE: $14.00*

**Sec. A:** 2 sessions; Saturdays, beginning, March 24; 9:00 AM - 3:00 PM; Back Door Pottery, 3922 St. John Ave., KCMO, 64123; LIMIT: 10

**#1019 A, B or C**

**Art of Clay**

This class is an introduction to high fire clay art. Hand building and wheel throwing of pottery forms will be introduced and explored. Bring $50 to the first class for materials, firing, glazes and rental. You may only take this class once, but are welcome to join the Guild. The KC Clay Guild is a not-for-profit artist collective dedicated to supporting the ceramic arts in Kansas City.

*CONVENER: Maria Murphy (816-363-1373)*
*Email: zhimurphy@yahoo.com*
*CLASS FEE: $18.00*

**Sec. A:** 4 sessions; Mondays, beginning, January 23;
**Sec. B:** 4 sessions; Mondays, beginning, February 27;
**Sec. C:** 4 sessions; Mondays, beginning, April 02;
*MEETS: 7:00 PM - 8:30 PM; Kansas City Clay Guild, 301 W. 74th St., KCSD; LIMIT: 10

**#1020 A**

**Bookbinding: Pocket Journal**

Switch from your Smartphone/PDA (personal digital assistant) to a PAA (personal analog assistant), perfect for carrying in your pocket or purse to keep track of your schedule, jotting down your brilliant ideas or just your grocery shopping list. The Hedgehog is an unabashed knock-off of the popular Moleskine journals and demonstrates the basics of hand-bookbinding. For examples, go to www.craftboyworkshop.com. Please send $20 for handout and materials to The Craftboy Workshop (Chuck’s hobby print shop and bindery) at the address below. Chuck is a production manager for a book publisher in Kansas City.

*CONVENER: Chuck Harper (816-333-4170)*
*Email: chuck@craftboyworkshop.com*
*Website: www.craftboyworkshop.com*
*CLASS FEE: $14.00*

**Sec. A:** 1 session; Saturday, April 14; 9:00 AM - 1:00 PM; The Craftboy Workshop, 5622 Locust, KCSD, LIMIT: 6

**#1021 A**

**Letterpress Stationery**

Using a vintage press and individual pieces of hand-set metal type, create some luxurious stationary note cards perfect to give away as a gift or to keep for yourself. For examples, see www.craftboyworkshop.com. Please send $20 for 30-page letterpress handout and stationary materials to The Craftboy Workshop at the address below. Chuck is a production manager for a book publisher in Kansas City and has been practicing the “book arts” of papermaking, letterpress printing and bookbinding for ten years.

*CONVENER: Chuck Harper (816-333-4170)*
*Email: chuck@craftboyworkshop.com*
*Website: www.craftboyworkshop.com*
*CLASS FEE: $14.00*

**Sec. A:** 1 session; Saturday, April 14; 9:00 AM - 1:00 PM; The Craftboy Workshop, 5622 Locust, KCSD, LIMIT: 6

**#1022 A or B**

**Henna: Temporary Indian Tattoos**

Learn about the history of henna and several ways to apply it. We’ll practice application, look at traditional and modern designs, learn how to use henna for natural tanning and also how to grow the plant. Sabira learned this art of adorning the different parts of the body with temporary tattoos (henna) at a very young age. Ajay and Sabira use their skills to promote the Indian culture through this medium. Material fee is for henna kit and a booklet.

*CONVENER: Ajay Sood & Sabira Sood (913-268-3608 913-963-1707)*
*Email: ajapal123@yahoo.com*
*CLASS FEE: $9.00 + $15.00 material fee = $24.00*

**Sec. A:** 1 session; Thursday, February 09; 6:00 PM - 8:00 PM; Student Union (New), Rm. 419, 5100 Cherry St., UMKC Campusr, KCSD, metered parking lot on north side, one building to the north; LIMIT: 15

**Sec. B:** 1 session; Thursday, March 22; 6:00 PM - 8:00 PM; Student Union (New), Rm. 419, 5100 Cherry St., UMKC Campus, KCSD, metered parking lot on north side, one building to the north; LIMIT: 15

**#1023 A or B**

**Crochet 101: Crochet a Fabulous Blanket**

Crochet a blanket in two short sessions. This blanket can be as large or small as you want because it will be made of single blocks. Each block will take you approximately 15 to 30 min. to finish. You can make a baby blanket by putting together 40 blocks, scarf a week. Once you register, please call me and I will give you a list of materials to bring or you can purchase materials at class for $20. Afterwards, you are welcome to contact me with any questions regarding your next project.

*CONVENER: William Hunter (816-696-9224)*
*Email: william@william-hunter.com*
*Website: www.william-hunter.com*
*CLASS FEE: $14.00*

**Sec. A:** 2 sessions; Saturdays, beginning, February 04;
**Sec. B:** 2 sessions; Sundays, beginning, March 18;
*MEETS: 9:00 AM - 12:00 PM; Le Petit Boulangerie, 609 W. 46th St., #402 (between Jefferson & Pennsylvania), KCSD; LIMIT: 6

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We’re fools whether we dance or not, so we might as well dance.

—Japanese Proverb

Dance

#1101 A or B
Belly Dancing on YouTube!
Search YouTube for “Belly Dance” and you may get over 25,000 search results. You will learn the dance steps and choreography in the 1st part of class, then, in the 2nd half, we’ll have a dress rehearsal and the film the dance to “Dance Nazira” from “Learn to Belly Dance Textbook and Certification Guide.” After we film the group dance and review it you can decide if you want it uploaded to YouTube. Please bring black dance shoes, black dance briefs, leotard and stage makeup. A costume will be provided if you email a request one week before class to let instructor know size range and preferred color.
CONVENER: Shalimar Ali; Email: shalimarali@yahoo.com
CLASS FEE: $9.00
Sec. A: 1 session; Monday, March 06;
Sec. B: 1 session; Monday, March 19;
6:00 PM - 8:00 PM; Convener will contact with location; LIMIT: 8

#1102 A or B
Mommy and Me/Daddy and Me Flamenco
Discover the excitement of flamenco music and dance with your child! This class consists of flamenco exercise patterns to develop grace, agility, rhythm and coordination. Participants will need closed-toe shoes and comfortable clothes. No previous dance experience is necessary.
CONVENER: Zszena Saparova
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, February 04;
Sec. B: 1 session; Saturday, April 21;
MEETS: 10:00 AM - 10:45 AM; KC Swing and Tango, 6101 Martway, Mission, KS. 1 blk. S. of Johnson Dr. (between Metcalf & Nall - S. side of St.—Powell Community Ctr. Is directly across Martway); There is a small innocuous sign, “Ballroom Unlimited,” LIMIT: 10

#1103 A or B
Flamenco
This class is designed for all levels of dance students, from the beginner with no previous dance experience to the seasoned intermediate flamenco dancer. The class consists of a warm up, work on brazeo (arms), zapateado (footwork), maraje (marking across the floor) and choreography. Whether you’d like to perform some day, or just get a good work out, join us! Men and women of all ages are welcome. Attire: comfortable clothes and closed-toe shoes/boots with heels.
CONVENER: Zszena Saparova
CLASS FEE: $9.00
Sec. A: 1 session; Tuesday, March 13;
Sec. B: 1 session; Tuesday, April 24;
MEETS: 7:00 PM - 8:00 PM; Bella Studios of Performing Arts, 508 Westport Rd. Suite 102, located in the Tivoli Manor Bldg.; LIMIT: 10

#1104 A or B
Argentine Tango
This dance originated in Argentina and it is one of the most popular dances in America. Learn to dance this passionate dance step-by-step, one move at a time, starting with the basics and ending with very impressive but simple combinations. No experience required, nor do you need a partner. We will have a practice party (milonga) each Wednesday to give you a chance to try your new tango skills. Bring $5 per meeting for room rental. Come join the fabulous tango community in Kansas City!
CONVENER: Toi Shaw (816-305-2931)
Email: kctango2001@aol.com
CLASS FEE: $18.00
Sec. A: 4 sessions; Mondays, beginning, January 23;
Sec. B: 4 sessions; Mondays, beginning, March 20;
MEETS: 7:00 PM - 8:00 PM; KC Swing and Tango, 6101 Martway, Mission, KS. 1 blk. S. of Johnson Dr. (between Metcalf & Nall - S. side of St.—Powell Community Ctr. Is directly across Martway); There is a small innocuous sign, “Ballroom Unlimited,” LIMIT: 30

#1105 A or B
Beginning Ballroom Dance
Love the dance shows on TV and cinema? Take a step in the direction of dancing like the stars. You will be able to dance at office functions and parties after this introductory class. You will learn foxtrot, waltz, swing, rumba and a bonus dance of your choice. This is a perfect class to prepare for upcoming weddings. Bring your guests and in-laws. Toi is a former ballroom competitor. Bring $5 per meeting for room rental.
CONVENER: Toi Shaw (816-305-2931)
Email: kctango2001@aol.com
CLASS FEE: $18.00
Sec. A: 4 sessions; Tuesdays, beginning, January 24;
Sec. B: 4 sessions; Tuesdays, beginning, March 20;
MEETS: 7:00 PM - 8:00 PM; KC Swing and Tango, 6101 Martway, Mission, KS. 1 blk. S. of Johnson Dr. (between Metcalf & Nall - S. side of St.—Powell Community Ctr. Is directly across Martway); There is a small innocuous sign, “Ballroom Unlimited,” LIMIT: 30

#1106 A or B
East Coast Swing
We’ve got rhythm! We’ve got music—swing music! From 40’s swing music to rhythm and blues, we’ll do it all! Are you ready to put the bounce in your step? This beginning-to-intermediate swing class features many fun and flashy variations. It’s so much fun, you won’t notice what a great workout you’re getting! Bring $5 per meeting for room rental.
CONVENER: Toi Shaw (816-305-2931)
Email: kctango2001@aol.com
CLASS FEE: $18.00
Sec. A: 4 sessions; Wednesdays, beginning, January 25;
Sec. B: 4 sessions; Wednesdays, beginning, March 21;
MEETS: 7:00 PM - 8:00 PM; KC Swing and Tango, 6101 Martway, Mission, KS. 1 blk. S. of Johnson Dr. (between Metcalf & Nall - S. side of St.—Powell Community Ctr. Is directly across Martway); There is a small innocuous sign, “Ballroom Unlimited,” LIMIT: 30

#1025 A
Incorporating Knitting Cables in Your Project
A hand knit scarf makes a fabulous gift regardless of color, pattern, etc. However, add a few cables to your scarf and immediately your project takes on an entirely new dimension. Master the art of cables in three short hours. Men are encouraged to sign up to learn this fun activity. To be able to enjoy this class you should already know how to knit and purl. If you do not, look at the other class that I am teaching: Knitting 101. Call me for a list of materials to pick up yourself or bring $20 to class for materials.
CONVENER: William Hunter (816-698-9224)
Email: william@william-hunter.com
Website: www.william-hunter.com
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, April 14; 9:00 AM - 12:00 PM; Le Petit Boulangerie, 809 W. 46th St., #402 (between Jefferson & Pennsylvania), KCMO; LIMIT: 8

#1026 A
Prepare a Quality Stretcher for Oil or Acrylic Painting
Learn how to make any size or shape archival and professional stretcher at one tenth of the price of one already made (if you can even find it in the size and shape you want). You’ll learn to make your stretcher using linen, cotton canvas or cotton canvas over wooden panel. Once you register, give me a call for instructions on how to get your materials. The cost of materials will depend on the size of your stretcher. Materials will be around $20 and you can bring it with you or buy it from me during class.
CONVENER: William Hunter (816-698-9224)
Email: william@william-hunter.com
Website: www.william-hunter.com
CLASS FEE: $14.00
Sec. A: 2 sessions; Saturdays, beginning, April 28; 9:00 AM - 12:00 PM; Le Petit Boulangerie, 809 W. 46th St., #402 (between Jefferson & Pennsylvania), KCMO; LIMIT: 8

#1027 A
Beginning Video Production
How do pros make films and videos look so good? Find out how to do it yourself in this workshop designed to teach you the basics of lighting and framing. We’ll set up a camera and lights and explore how it’s done in a real-world hands-on approach.
CONVENER: Chris Williamson
CLASS FEE: $9.00
Sec. A: 1 season(s); Beginning, Saturday, February 25; 10:00 AM - 1:00 PM; Waldo Branch Library, Rm. A, 75th & Grand, KC MO; LIMIT: 15
#1107 A or B  
**West Coast Swing**  
This type of swing dance is a smooth dance done to many types of music. Traditionally danced to rhythm and blues, it has now branched out to country, rock, disco and funk. It is danced on a slot, allowing each partner freedom of expression. We will start with the basic pattern and add a new pattern weekly. No partner necessary. Review each week! Bring $5 per meeting for room rental.  
**CONVENER:** Kyle Patel  
**CLASS FEE:** $18.00  
**Sec. A:** 4 sessions; Sundays, beginning, February 05;  
**Sec. B:** 4 sessions; Sundays, beginning, April 01;  
**MEETS:** 7:00 PM - 8:00 PM; KC Swing and Tango, 6101 Martway, Mission, KS, 1 blk. S. of Johnson Dr. (between Metcalf & Nall - S. side of St.—Powell Community Ctr. Is directly across Martway); There is a small innocuous sign, "Ballroom Unlimited;"  
**LIMIT:** 30

#1108 A or B  
**Irish Ceilidh Dancing**  
Have you ever wanted to learn Irish dance? If so, please join us and we will teach you the basic steps and show you how to incorporate them into traditional ceilidh dances. In eight weeks you will be able to recognize dances and feel comfortable getting up to dance at any Irish ceilidh. Minimum age is 15. You must register in advance. Come and join the fun!  
**CONVENER:** Misty Gates & Heather Billings  
**Email:** ieatsbugs@sbcglobal.net  
**CLASS FEE:** $18.00  
**Sec. A:** 8 sessions; Tuesdays, beginning, January 31;  
**Sec. B:** 8 sessions; Tuesdays, beginning, March 27;  
**MEETS:** 7:00 PM - 8:30 PM; Westport Presbyterian Church, Enter side door labeled boy scout, 201 Westport Rd. (intersection of Westport Rd., Wyandotte and 40th St.), KCMO, parking is available in the church lot on the Northeast corner of Archibald and Central;  
**LIMIT:** 24

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**Song of the Womb:**  
**A Women’s Rhythm Retreat**  
**Regina Compernolle**  
**Kahla Wheeler**  
**Maya Zahira**  
Saturday, May 12th, 11-9pm at Dogwood Forest in KCKS  
(email for directions)  
**Celebrate the Source of Feminine Creation with Drumming, Dance and Song!**  
Cost: sliding scale $80-$125—includes dinner  
contact Regina at SacredEarthArts@aol.com, 816-547-0266 or find us on Facebook
#1109 A  
**Acting for Dancers**  
This workshop is designed to equip the dancer with acting techniques which may be used to round out the dancer’s expression. Subtext, sense memory, and symbols brought forward from one’s being may evoke rich qualities in movement.  
**CONVENER:** Michael Peters  
**CLASS FEE:** $18.00  
**Sec. A:** 10 sessions; Tuesdays, beginning, January 31; 7:30 PM - 9:00 PM; Aquarius, 3936 Broadway, KCMO (Enter from 3937 Washington, back door of Aquarius); LIMIT: 20

#1110 A, B, C, D, E or F  
**Creative Movement: Ages 3 - 5**  
Kids learn coordination and cooperation as they learn to explore space, playfully exploring movement techniques.  
**CONVENER:** Ann Shaughnessy & Katie Brennan (816-561-2882)  
**Website:** cityinmotion.com  
**CLASS FEE:** $9.00  
**Sec. A:** 1 session; Monday, January 23; 4:00 PM - 4:45 PM;  
**Sec. B:** 1 session; Wednesday, January 25; 3:45 PM - 4:30 PM;  
**Sec. C:** 1 session; Saturday, January 28; 9:15 AM - 10:00 AM;  
**Sec. D:** 1 session; Monday, April 02; 4:00 PM - 4:45 PM;  
**Sec. E:** 1 session; Wednesday, April 04; 3:45 PM - 4:30 PM;  
**Sec. F:** 1 session; Saturday, April 07; 9:15 AM - 10:00 AM;  
**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KCMO; LIMIT: 10

#1111 A or B  
**West Afrikan Dance**  
This class teaches the traditional poly-rhythmic movement elements of West African dance from the old Malian empire. This is a very energetic aerobic class!  
**CONVENER:** Danny Hinds (816-561-2882)  
**Website:** cityinmotion.com  
**CLASS FEE:** $9.00  
**Sec. A:** 1 session; Monday, January 23; 6:00 PM - 7:00 PM;  
**Sec. B:** 1 session; Monday, April 02; 6:00 PM - 7:00 PM;  
**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KCMO; LIMIT: 10

#1112 A or B  
**Beginning Tap**  
Have you have always wanted to learn to tap dance? Now is the time to prove you can do it! Are a former tap dancer who wants to brush up and renew old skills? Billie Mahoney, internationally acclaimed tap dance artist, is the one to help you. In this class you’ll be introduced to the fundamentals of tap dance, both the shim sham and soft shoe.  
**CONVENER:** Billie Mahoney (816-561-2882)  
**CLASS FEE:** $9.00  
**Sec. A:** 1 session; Monday, January 23; 7:00 PM - 8:00 PM;  
**Sec. B:** 1 session; Monday; April 02; 7:00 PM - 8:00 PM;  
**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KCMO; LIMIT: 10

#1113 A or B  
**Kids’ Dance Sampler**  
This fun class is a great introduction to the world of dance technique for children. The class features ballet, modern and jazz. Wear comfortable clothes and socks. Ages 6-12.  
**CONVENER:** Ann Shaughnessy (816-561-2882)  
**Website:** cityinmotion.com  
**CLASS FEE:** $9.00  
**Sec. A:** 1 session; Saturday, January 28; 10:00 AM - 11:00 AM;  
**Sec. B:** 1 session; Saturday, April 07; 10:00 AM - 11:00 AM;  
**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KCMO; LIMIT: 10

#1114 A or B  
**Dance for Musical Theater**  
Learn a variety of musical theater dance styles and choreography from Jerome Robbins to Bob Fosse to Michael Bennett. Instructor is a Broadway dancer (from West Side Story to Mamma Mia!).  
**CONVENER:** Andy Parkhurst (816-561-2882)  
**Website:** cityinmotion.com  
**CLASS FEE:** $9.00  
**Sec. A:** 1 session; Monday, January 23; 8:00 PM - 9:00 PM;  
**Sec. B:** 1 session; Monday, April 02; 8:00 PM - 9:00 PM;  
**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KCMO; LIMIT: 10

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**WHOLISTIC HEALTH FAIR**  
SUNDAY, March 18TH  
11 AM - 6 PM  
NEW Student Union, 5100 Cherry, 4th floor, KCMO  
60 EXHIBITORS—20 WORKSHOPS—GIANT SILENT AUCTION

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www.kcmo.org/parks

Hours of Operation
Monday & Saturday, 9 a.m. to 6 p.m.
Tuesday through Thursday, 7:30 a.m. to 9 p.m.
Friday, 7:30 a.m. to 6 p.m.
Sunday, Closed

Fitness and Facility Fees

- Adult Fitness Pass, $3 daily, $20 Monthly
- Adult Facility Pass, $5 daily, $25 Monthly
- Annual Adult Fitness Membership, $200
- Youth Pass (gym/computer lab, Free (17 and under)
- Senior Fitness Pass, $2 daily, $15 Monthly
- Senior Facility Pass, $3 daily, $20 Monthly
- Annual Senior Fitness Membership, $150
- Early Bird Senior Pass, Free (7:30 a.m. - 9 a.m.)

Youth Pottery
Saturday, 11:15-12 p.m.
Ages 6 - 17 years old
$37.50 per child $7 walk-in fee
Call center for session dates & times

Youth Co-Ed Biddy Basketball
Tuesday 6:30-8:30 p.m.
Ages 5 - 6 year old and 7 - 8 year old
Practice starts Jan. 10, 2012
Games TBA
$40.00 per child

Pottery
Tuesday or Wednesday 6:30-8:30 p.m.
Ages 18+
$80 per session, $15.00 walk-in fee
Call center for session dates & times

Open Pottery
Tuesday - Saturday 12-5 p.m.
$15.00 per walk-in

Zumba
Tuesday 5:30 p.m. or Saturday 10 a.m.
Ages: 16+
$36 (8 weeks) or $6 walk-in fee

Yoga
Monday 5:15 p.m. or Thursday 5:30 p.m.
Ages: 16+
$36 (8 weeks) or $6 walk-ins

Boot camp
Thursday 7-8 p.m.
Ages 16+
$36.00 (8 weeks) or $6 walk-ins

Golden Age Senior Club
Tuesday, 10-12:30 p.m.
Age: 50+

Adult Open Basketball
Tuesday 6:30-8:30 p.m. and Friday 1:30 - 5:30 p.m.
Ages 18+
$3.00 per person

Seasonal Sports – Youth teams will be formed

Space available for rentals - call the center for fees.

Intro to Computers for Seniors
Friday, 10-11 a.m.
Ages 50+

Co-Ed Volleyball
TBA

Adult Open Basketball
Tuesday 6:30-8:30 p.m. and Friday 1:30-5:30 p.m.
Ages 18+
$3.00 per person

Dog Obedience
Saturday 1:45-3:00 p.m.
Ages 16+
$80.00 (6 weeks) per dog
Call center for session dates & times

Midtown Play Place
Monday/Wednesday/Friday 10-1 p.m.
Ages 0-5 year old
$1.50 per child
Ongoing

Boot camp
Thursday 7-8 p.m.
Ages 16+
$36.00 (8 weeks) or $6 walk-ins

Adult Open Basketball
Tuesday 6:30-8:30 p.m. and Friday 1:30 - 5:30 p.m.
Ages 18+
$3.00 per person
**#1115 A, B, C, D, E or F**

**Hip-Hop**

Hip-Hop dance originated with rap music. This ever-evolving form creates a high-energy, visually exciting dance style just like music videos. Come learn choreography from street dance to club dance. Teenagers and adults welcome.

**CONVENER:** Juggalos Warren, Tamiko French & loha I“ Williams (816-561-2882)

Email: cityinmotion@aol.com

Website: cityinmotion.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Monday, January 23; 7:00 PM - 8:00 PM;

**Sec. B:** 1 session; Tuesday, January 24; 7:00 PM - 8:00 PM;

**Sec. C:** 1 session; Saturday, January 28; 2:30 PM - 3:30 PM;

**Sec. D:** 1 session; Tuesday, April 03; 6:00 PM - 7:00 PM;

**Sec. E:** 1 session; Tuesday, April 03; 8:00 PM - 9:00 PM;

**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KC MO; LIMIT: 10

**#1116 A, B, C or D**

**Belly Dance is Fun**

You know you’ve always wanted to take a belly dance class, so... come on down! Get loose and coax your body to flow in ways that you’ve never imagined with the upbeat, captivating rhythms of far-away places. Belly dance is a combination of strength, posture, flexibility and muscle control. Fun and fitness can be yours if this addictive habit is right for you.

**CONVENER:** Halah Zeiki (816-561-2882)

Email: cityinmotion@aol.com

Website: cityinmotion.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Tuesday, January 24; 6:00 PM - 7:00 PM;

**Sec. B:** 1 session; Sunday, January 29; 2:30 PM - 3:30 PM;

**Sec. C:** 1 session; Tuesday, April 03; 6:00 PM - 7:00 PM;

**Sec. D:** 1 session; Sunday, April 15; 2:30 PM - 3:30 PM;

**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KC MO; LIMIT: 10

**#1117 A or B**

**Adult Jazz Dance**

Strut your stuff in this fun and energetic class. Learn basic dance technique, work on flexibility and toning, and explore several styles of jazz dance.

**CONVENER:** Stephanie Whitter (816-561-2882)

Email: cityinmotion@aol.com

Website: cityinmotion.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Tuesday, January 24; 6:00 PM - 7:30 PM;

**Sec. B:** 1 session; Tuesday, April 03; 6:00 PM - 7:30 PM;

**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KC MO; LIMIT: 10

**#1118 A, B, C or D**

**Beginning Adult Ballet**

No prior experience required! This is an introduction to ballet. We utilize an anatomy/physiology approach to gently stretch and strengthen the body. Come learn the basics of this art form. This is a great class for first-timers or those who would like to be reintroduced to ballet.

**CONVENER:** Hake Chevenny & Lillian Francis (816-561-2882)

Email: cityinmotion@aol.com

Website: cityinmotion.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Wednesday, January 25; 6:00 PM - 7:30 PM;

**Sec. B:** 1 session; Saturday, January 28; 9:30 AM - 11:00 AM;

**Sec. C:** 1 session; Wednesday, April 04; 6:00 PM - 7:30 PM;

**Sec. D:** 1 session; Saturday, April 07; 9:30 AM - 11:00 AM;

**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KC MO; LIMIT: 10

**#1119 A or B**

**Beginning Salsa**

Today’s hottest dance trend is the salsa! Be introduced to this Latin dance and have a great time at parties and social events. The salsa is simple in structure, allowing you to learn many variations easily. This class is open to all levels of dancers and will feature partner techniques (you don’t need your own partner) Latin style, and a variety of steps.

**CONVENER:** Bird Ellington Fleming (816-561-2882)

Email: cityinmotion@aol.com

Website: cityinmotion.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Wednesday, January 25; 6:00 PM - 7:30 PM;

**Sec. B:** 1 session; Wednesday, April 04; 6:30 PM - 7:30 PM;

**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KC MO; LIMIT: 10

**#1120 A or B**

**World Dance Fusion**

Inspired by the world music/fusion movement, this class will teach some basic contemporary ethnic dance forms: urban Gypsy, tribal fusion, bellysian, and Caribbean, and then combine them in new and interesting ways.

**CONVENER:** Nicole English (816-561-2882)

Email: cityinmotion@aol.com

Website: cityinmotion.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Wednesday, January 25; 7:30 PM - 8:30 PM;

**Sec. B:** 1 session; Wednesday, April 04; 7:30 PM - 8:30 PM;

**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KC MO; LIMIT: 10

**#1121 A or B**

**Indian Classical Dance**

We emphasize technique and style while learning the traditional Manipuri dance pattern. Learn the exotic “Mudras” (hand symbols), rhythmic body techniques, and vigorous acrobatics of Manipuri dance with live “Mridanga” (drum). Open to all levels of dancers. We dance barefoot.

**CONVENER:** Rafia Rau (816-561-2882)

Email: cityinmotion@aol.com

Website: cityinmotion.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Wednesday, January 25; 5:00 PM - 6:00 PM;

**Sec. B:** 1 session; Wednesday, April 04; 5:00 PM - 6:00 PM;

**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KC MO; LIMIT: 10

**#1122 A or B**

**Flamenco!**

This workshop will be geared toward adults interested in an introduction to the rhythms, movement, and history of Flamenco dance. Wear comfortable workout-type clothing and heeled shoes.

**CONVENER:** Cindy Bleck (816-561-2882)

Email: cityinmotion@aol.com

Website: cityinmotion.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Thursday, January 26; 7:30 PM - 8:30 PM;

**Sec. B:** 1 session; Friday, April 06; 7:30 PM - 8:30 PM;

**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KC MO; LIMIT: 10

**#1123 A or B**

**Contemporary Clogging**

Do you like hip-hop? Do you like making beats with your feet? Contemporary clogging has come to Kansas City! Experience this fun and energetic combination of tap, hip-hop and clogging.

**CONVENER:** Jennifer Ellison (816-561-2882)

Email: cityinmotion@aol.com

Website: cityinmotion.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Saturday, January 28; 5:00 PM - 6:00 PM;

**Sec. B:** 1 session; Saturday, April 07; 5:00 PM - 6:00 PM;

**MEETS:** City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KC MO; LIMIT: 10

**#1124 A, B or C**

**Interplay—Experience the Magic of Movement, Dance, Storytelling & Creative Genius**

InterPlay integrates the body, mind, heart, and soul through a combination of playful, simple forms that include movement, storytelling, voice, stillness and sheer nonsense. Discover your unique creative essence, ease into your body and realize greater spontaneity, joy and confidence in your day-to-day life through community play. No experience necessary. All ages and abilities welcome. Devi Wetterer, InterPlay Leader trained in Oakland, California, is delighted to bring this art of play and movement to the Kansas City Area.

**CONVENER:** Devi Wetterer (816-560-2000 816-830-7778)

Email: d.light18@gmail.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Monday, January 23; 7:00 PM - 8:30 PM;

**Sec. B:** 1 session; Monday, February 13; 7:00 PM - 8:30 PM;

**Sec. C:** 1 session; Monday, March 12; 7:00 PM - 8:30 PM;

**MEETS:** Plaza Wellspring, 1900 W. 47th Place, 9325, Westwood, KS 66205; LIMIT: 10

**Music**

**#1201 A**

**Build Your Own Djembe!**

Djembe are traditional African drums carved from native hardwood trees. The heads are made from goat skins and then tuned with rope! Each student will be building their own drum and will have a playable instrument when they finish the class! We will build the drum on Saturday and tune and finish it on Sunday. See link below for info on purchasing your own kit to bring to class. Cost will be approximately $95 for the kit. Must purchase your own kit to bring to class: http://www wwdrums.com/catalog_Drum_Kits-77-1.html

**CONVENER:** Dingo

Email: dingomantic@yahoo.com

Website: https://www.facebook.com/7rei Trit供养er/pages/Dingoma-Drums-Imports/213470222000467

**CLASS FEE:** $14.00

**Sec. A:** 2 sessions; Saturday & Sunday, March 24 & 25; 1:00 PM - 4:00 PM; Kansas City Academy, Middle School room, 7933 Main, KC MO 64114; LIMIT: 10
#1202 A
**Melodic Mountain Autoharp**
The autoharp has a rich history in folk music. By the end of this class, you will have learned how to play song accompaniment and simple melodies. Bring your own autoharp and a guitar thumbpick to the first class. All music will be provided. Class meets every two weeks. Tom has taught this course with Communiversity for 20+ years.

**CONVENER:** Tom Schroeder (816-943-0566)
Email: anartauto@hotmail.com

**CLASS FEE:** $18.00

**Sec. A:** 8 sessions; Wednesdays, beginning, January 25; 7:00 PM - 8:00 PM; 300 W, 113th St., KCMO; LIMIT: 10

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#1203 A
**Not Your Grandpa’s Ukulele!**
**Beginning Uke**
Come learn what all the fuss is about. The “People’s Instrument” is easy to learn, fun to play, a breeze to pack and you don’t need six fingers to play! From country to rock and roll and from Tin Pan Alley to Indie Rock—the uke is “IN.” You’ll learn how to tune and play at least three chords. You will leave able to play 1,000 songs (really)! Mike Walker the co-convener wrote a book on jamming: “Play Well With Others,” which covers jam etiquette, chord changes, circle of fifths and more. It will be available to purchase but not required. Bring $2 to class for materials.

**CONVENER:** Vicki Walker & Mike Walker (816-289-5932)
Email: wwatsonwalker@gmail.com
Website: www.playwellwithothers.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Saturday, April 14; 10:30 AM - 12:30 PM; Westport Library, Meeting Room, 118 Westport Rd., KCMO (please use street parking); LIMIT: 30

#1204 A or B
**Re-Discover Your Voice**
Explore the connection between your voice and your inner and outer selves. We’ll focus on the fundamentals, such as practices that strengthen your posture and respiratory system, vocal warm-ups to keep your voice vital and strong, and the foundation of healthy vocal production to maintain your voice throughout your lifetime. My holistic approach addresses the body and mind, utilizing yoga stretches and meditation. Riva Capellari has a Masters in Vocal Performance from the University of Michigan.

**CONVENER:** Riva Capellari
Email: revoice@att.net

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Saturday, March 24; Student Union (New), Rm. 412, 5100 Cherry St., UMKC Campus, KCMO, metered parking lot on north side, one building to the north;
**Sec. B:** 1 session; Saturday, May 12; 10:00 AM - 11:00 AM; Waldo Branch Library, Rm. B, 75th & Grand, KCMO; LIMIT: 10

Classes held Sundays at 6pm
City in Motion, 3925 Main, KCMO
Contact Regina for information.
816-547-0266 / SacredEarthArts@aol.com
#1205 A

**Beginning Jazz Guitar**

Learn how to voice chords (major 7, dominant 7, half diminished and diminished) and combine chord inversions. Also find out what and how to practice. You must be able to read tablature or standard notation and play basic bar chords. Bring a guitar (electric or acoustic) that is playable.

**CONVENER:** Rick Mareks

*Email: marereks@umkc.edu*

*CLASS FEE: $16.00*

**Sec. A:** 3 sessions; Wednesdays, beginning, April 04; 6:00 PM - 7:30 PM; Dogwood Forest in Kansas City, KS, 15 minutes from downtown KCMO (will email map); LIMIT: 8

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#1206 A

**Ukulele Jam**

The Ukulele Fight Club of Kansas City invites you to jam with members—it's the most fun you'll have with four strings! Beginners and ukulele fanatics share chords, sing, and jam side by side every other Sunday. The sessions are ongoing and if you don't own a ukulele, loaners are usually available. Check us out on Facebook for updates and announcements.

**CONVENER:** Joe Frogee; Email: finaldraftae@hotmail.com

*CLASS FEE: $18.00*

**Sec. A:** 5 sessions; Sundays, beginning, January 29; 6:00 PM - 9:00 PM; Brew Top Bar & Grille, 700 NW Woods Chapel Rd; Lee's Summit, MO; LIMIT: 15

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#1208 A or B

**Practical Music Theory for Amateur Musicians**

This course is geared toward playing along in music jams or providing basic instrumental accompaniment to songs, with a focus on chords. We’ll cover scales, chords, and chord sequences. The aim is to take some of the mystery out of music, so it’s easier to understand what to expect. What you learn won’t get you into Juilliard, but it should make your next music session more fun. Bring $2 for handouts.

**CONVENER:** Gary Tannen (816-699-5869)

*CLASS FEE: $18.00*

**Sec. A:** 3 sessions; Wednesdays, beginning, February 08; 7:00 PM - 9:00 PM; Community Christian Church, Activity Center, 32 E. 46th St., KCMA, across 46th St. from the church, park on the street or in parking lot behind the Activity Center; LIMIT: 12

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#1209 A or B

**Women of the Drum**

In this women’s class, you will learn the basic hand techniques for djembe or conga and try your hand at some basic rhythms from Haiti and Brazil. Beginning and intermediate level players welcome. Bring a djembe or conga style drum or call convener if you need to borrow one.

**CONVENER:** Regina Compemolo (816-547-0266)

*Email: sacredartsart@aol.com*

*CLASS FEE: $9.00*

**Sec. A:** 1 session; Sunday, January 29; 6:00 PM - 7:00 PM

**Sec. B:** 1 session; Sunday, April 15; 6:00 PM - 7:00 PM; MEETS: City in Motion School of Dance, 3526 Terrace St, KCMA, 64111 (across Main St. from CVS Pharmacy); LIMIT: 10

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#1210 A

**Play Well With Others Swinging Dozen—Guitar**

Do you play acoustic guitar already and want to step up your playing to swing tunes? Learn a dozen movable shapes (you probably know at least four of these already) and how to chunk the chords; Then you are well on your way to playing rhythm guitar behind most swing tunes. This workshop is geared to intermediate players. Bring your guitar. An optional $10 will pay for a swing guitar booklet and circle of fifths book. Marta Haelh has played folk, bluegrass, country, and now swing music on acoustic guitar for 40+ years. She performed a couple of times on A Prairie Home Companion.

**CONVENER:** Marta Haelh (816-260-4148)

*Email: marthahaehl@gmail.com; Website: www.marthahaehl.com*

*CLASS FEE: $9.00*

**Sec. A:** 1 session; Saturday, March 24; 10:00 AM - 11:30 AM; 3526 Terrace St, KCMA, 64111; LIMIT: 10

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#1211 A

**Play Well With Others—Jamming with Finesse**

Tired of playing solo? Learn how to jam like a pro with real human beings. Even the best musician can break a jam and a beginning jammer can lead a song that will bring tears to your eyes (in a good sort of way). If you can listen, remember a few rules, keep a steady beat and learn when to lead and when to follow, you are on your way to good jamming. Bring music to share and an instrument to practice jamming skills. Bring $15 to class for optional materials. Conveners: Marta Haelh, who has performed on A Prairie Home Companion and Mike Walker, ukulele extraordinaire who plays in a local ukulele group.

**CONVENER:** Marta Haelh & Mike Walker (816-260-4148)

*Email: marthahaehl@gmail.com; Website: www.marthahaehl.com*

*CLASS FEE: $9.00*

**Sec. A:** 1 session; Saturday, March 24; 1:00 PM - 2:30 PM; 3526 Terrace St, KCMA, 64111; LIMIT: 15

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#1212 A

**Meet the Mountain Dulcimer**

The mountain dulcimer is an American stringed instrument which has frets and three or four strings. It is played on the lap or a table. We’ll learn a little theory, listen to some tunes, then get to try the instrument. We will use thumbpicks or fingertips and will experience different tunings. If you have a mountain dulcimer, please bring it. Instructor has two instruments, and has been playing for 17 years. Conveners’ home has 14 steps with good handrails. Bring $5 to class for handouts.

**CONVENER:** Eileen Chase

*CLASS FEE: $9.00*

**Sec. A:** 1 session; Thursday, February 02; 7:00 PM - 9:00 PM; 1316 W. 42nd St., Kansas City, MO 64111; LIMIT: 6

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#1213 A

**Sheet Music and Your PC**

Using music software, a MIDI controller and a personal computer, we will download, edit, compose, and print sheet music. We may do a little composing as well. Students must know how to read a line of music. Conveners has been using MIDI software for 15 years. Conveners’ home has 14 steps with good handrails.

**CONVENER:** Eileen Chase

*CLASS FEE: $9.00*

**Sec. A:** 1 session; Monday, February 20; 7:00 PM - 9:00 PM; 1316 W. 42nd St., Kansas City, MO 64111; LIMIT: 6

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#1301 A

**Comedy 101**

Performers, writers, and speakers—learn how to be funny in all areas of life! Learn the basic techniques of comedy: contradiction and exaggeration, rules of physical action, punch line sentence structure, dual reality, innocence and believability, timing, building your own comedy characterization, and more. Lecture notes consist of a complete, award-winning book. Please bring $11 for the book.

**CONVENER:** Robert Klamm (816-461-4595)

*Email: klamm@klamm-magic.com*

*CLASS FEE: $9.00*

**Sec. A:** 1 session; Wednesday, April 11; 7:00 PM - 9:00 PM; Klamm Magic, 1412 S. Appleton Avenue, Independence, MO; LIMIT: 10

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#1302 A

**The Art of Public Speaking—Speech 101**

Are you afraid of public speaking? If so, attend this class on the fundamentals of public speaking with tips for how to approach public speaking confidently and deliver your message effectively. We will focus on practical ways to improve your speaking skills.

**BARNEY MAYSE**

*913-908-8328*

*Email: bmayse@gmail.com*

*CLASS FEE: $9.00*

**Sec. A:** 1 session; Monday, February 20; 6:00 PM - 8:00 PM; Student Union (New), Rm. 420, 5100 Cherry St., UMKC Campus, KCMA, metered parking lot on north side, one building to the north; LIMIT: 12

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#1303 A or B

**Circus Skills & Clowning**

Learn to move like Chaplin, dance like Danny Kaye and juggle like Brian Wendling. Some of the skills that will be covered will be slapstick combat, how to take a pie in the face, still walking, hula hoop, tumbling, character development, make-up application and much more. Red nose optional. Instructors include a variety of Kansas City’s top professional clowns, mimes and juggling artists.

**CONVENER:** Beth Byrd (816-561-3822)

*Email: citymotion@aol.com; Website: citymotion.com*

*CLASS FEE: $9.00*

**Sec. A:** 1 session; Wednesday, January 25; 8:30 PM - 9:30 PM; MEETS: City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KCMA; LIMIT: 10

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#1304 A or B

**Foundations of Burlesque**

Find your own inner burlesque queen while learning the sassy, sexy moves of this entertainment art form! Different techniques of burlesque will be taught to you in a light and fun manner with an all-female class atmosphere. This class will improve your self-esteem and give you the power to dabble in something new and exciting. “Foundations of Burlesque” will be taught in a progressive style.

**CONVENER:** Cherry Pop (816-561-2882)

*Email: citymotion@aol.com; Website: citymotion.com*

*CLASS FEE: $9.00*

**Sec. A:** 1 session; Monday, April 2, 8:30 PM - 9:30 PM; MEETS: City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KCMA; LIMIT: 10
#1305 A
I Want to Be On the Radio!
If you’ve ever wanted to be on the radio or be part of a community radio station, this class is for you. Working with experienced KKFI volunteers, we will explore ideas for a new KKFI radio program. For those with a technical interest, we will teach you how to use the KKFI recording equipment. Some may end up as voices for public service announcements or short community news items. Others may do research or learn interviewing techniques.
CONVENER: Bill Clause (918-351-5147)
Email: bill@kkfi.org
CLASS FEE: $18.00
Sec. A: 10 sessions; Thursdays, beginning, January 26; 7:00 PM - 9:00 PM; KKFI FM Community Radio, 3901 Main (above the bank - entrance in back); KCMM; LIMIT: 30

#1306 A
Live.. Onstage... It’s You!
Do you like to act? Are you a fan of opera? Every season the Lyric Opera of Kansas City uses volunteers as extras (supernumeraries) in their productions. No singing or speaking required. Here’s your opportunity to find out more, see the production facility, meet the production staff, and hear long time supers share their behind-the-scenes experiences. You can even experience a mock staging rehearsal. Attendance does not guarantee that you will be cast in a production (that’s show biz).
CONVENER: Kathryn Barker & Tracy Davis-Singh
Email: lyricoperasupers@gmail.com
Website: http://lyricoperasupers.weebly.com
CLASS FEE: $9.00
Sec. A: 1 session; Thursday, January 26; 7:00 PM - 9:00 PM; Lyric Production Facility, 720 E. 18th Street, Kansas City, MO; LIMIT: 30

#1307 A
Internet Radio Boot Camp
Designed to give an introduction to webcasting, these sessions will benefit anyone interested in learning the basics, particularly those who want to be involved with K-ROO, the start-up student media station at UMKC. Each hour will cover different practicalities of webcasting, including an introduction to the mechanics, a discussion of the basic tools for live and recorded productions, and guest presentations by professionals on Internet operation and broadcasting. Angela Elam, who teaches radio production at UMKC and produces the public radio show, “New Letters on the Air,” is an advisor for the student organization K-ROO.
CONVENER: Angela Elam
CLASS FEE: $14.00
Sec. A: 1 session; Sunday, February 05; 1:00 PM - 6:00 PM; Student Union (New), Rm. 402, 5100 Cherry St., UMKC Campus, KCMM; metered parking lot on north side, one building to the north; LIMIT: 15

#1308 A
Marketing Your 1st Book (or 7th)
Learn Bobbie’s proven-to-succeed six-step marketing plan including how to make a profit before your book is even printed, setting up book signings for maximum sales, setting up and presenting seminars that will get rave reviews, writing news releases, and much more. Bring $15 to class for book: “Writing, Publishing and Marketing Your Book.” Same book is used in all three classes.
CONVENER: Bobbie Christensen (918-422-8435)
Email: BooksAmerica@aol.com
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, April 14; 1:00 PM - 2:45 PM; Student Union (New), Rm. 302, 5100 Cherry, UMKC Campus, KCMM; metered parking lot on north side, one building to the north; LIMIT: 25

#1401 A
Writing Your First Book (or 7th)
Bobbie Christensen, California author of twelve published books including award-winners and best-sellers, will show you how to develop and complete your manuscript in just six weeks, following her own ten-step plan. Create a page-turner whether writing fiction or non-fiction, cookbook or textbook. “I’ve been to many other writing and publishing classes, but you changed my view of what is possible. The information was incredible.” Nancy Wile, Ed.D., Las Vegas. Bring $15 to class for book: “Writing, Publishing and Marketing Your Book.” Same book is used in all three classes.
CONVENER: Bobbie Christensen (918-422-8435)
Email: BooksAmerica@aol.com
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, April 14; 1:00 PM - 2:45 PM; Student Union (New), Rm. 302, 5100 Cherry, UMKC Campus, KCMM; metered parking lot on north side, one building to the north; LIMIT: 25

#1402 A
Publishing Your 1st Book (or 7th)
Learn how to submit your work to a publisher or self-publish and keep the profits, plus all about POD’s, eBooks, etc. Includes all forms, contracts, samples, etc. “Every minute was packed with specific information that I really needed. Even though I have an extensive background in marketing, I learned a lot about effective marketing. Irreplaceable.” DeeAnn Merriman, Carrollton, TX. Bring $15 to class for book: “Writing, Publishing and Marketing Your Book.” Same book is used in all three classes.
CONVENER: Bobbie Christensen (918-422-8435)
Email: BooksAmerica@aol.com
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, April 14; 1:00 PM - 4:45 PM; Student Union (New), Rm. 302, 5100 Cherry, UMKC Campus, KCMM; metered parking lot on north side, one building to the north; LIMIT: 25

#1403 A
Intro to Acro Balance
Acro balance has also been called acro-yoga or hand balancing. You will use a partner to learn to lift, counter balance and to stretch each other. You will combine strength and balance to make human sculptures. No prior experience or partner necessary.
CONVENER: Nadine & Nick Civitello
CLASS FEE: $9.00
Sec. A: 1 session; Friday, March 16; 6:00 PM - 7:00 PM; KC Yoga Barn, 430 E. 113th St., KCMM; LIMIT: 10

#1501 A or B
Intro for Digital SLR
This class covers the basic settings and controls of your digital SLR camera. We will discuss white balance, shutter speeds, apertures, and flash settings. You must bring your interchangeable lens camera and instruction book to class. Bill Thomas has been in photography for over 35 years and is co-owner of Crick Camera Shop. He also teaches locally and conducts photo workshops.
CONVENER: Bill Thomas (816-444-3390)
Email: b3@prodigy.net
Website: www.billthomas-photos.com
CLASS FEE: $9.00
Sec. A: 1 session; Monday, January 30; 7:00 PM - 9:00 PM; Student Union (New), Rm. 402, 5100 Cherry St., UMKC Campus, KCMM; metered parking lot on north side, one building to the north; LIMIT: 30
Sec. B: 1 session; Monday, March 05; 7:00 PM - 9:00 PM; Plaza Library, Large Room, 48th & Main, KCMM; LIMIT: 30

#1601 A
How To Create A Successful YouTube Channel
Do you want to create your own YouTube channel that explores your passions and reaches the entire world? I want to help you find your voice. I experimented with YouTube videos for three long years before my channel received the offer of ad revenue. Students must have a computer and video camera. Please look at convener YouTube channel before registering to find out if her style resonates with yours: www.youtube.com/user/stellabelle. Convener is a professional production artist with over 10 years experience with: photography, video, experimental art, graphic design, social media and social street experiments. Bring $3 for materials to class.
CONVENER: Leah Stephens
Website: http://emeraldcitykc.com/
CLASS FEE: $18.00
Sec. A: 4 sessions; Saturdays, beginning, February 04; 4:00 PM - 6:00 PM; Emerald City, 4334 Troost, KCMM; LIMIT: 8

#1701 A
Painting: Acrylics
This class is designed to teach acrylic painting techniques with a focus on wide format painting. You will learn about a rich variety of acrylic mediums and painting techniques to add depth and texture to your work. You will be able to create paintings that are unique to you, with little to no initial experience. The instructor will guide you through the process of creating your painting. The instructor is a graduate of The Kansas City Art Institute and has been a professional artist for over 25 years. He teaches painting techniques in his own studio and has a passion for inspiring artists and sharing his knowledge of the art world. He is a member of the Kansas City Art Institute Alumni Association and has served on the board of directors for the Kansas City Fine Arts Association. In his free time, he enjoys playing guitar and singing. He is married and has one child.
CONVENER: Chris Thomas
CLASS FEE: $29.00
Sec. A: 8 sessions; Tuesdays, beginning, January 03; 6:00 PM - 9:00 PM; Plaza Library, Large Room, 48th & Main, KCMM; LIMIT: 30
#2001 A
Building Your Financial Portfolio on $25 a Month
Join Bobbie and Eric Christensen for a seminar that will show you, in easy-to-understand language, how to find investments. Make sure your investments are recession proof but are growing 50% to 100%+ in value every year. And all without paying broker fees or expenses. The Christensens are investors just like you, who have used this method for safe investing for over 20 years. They will explain what your broker won’t: “Simply the best investment book yet! Extremely practical.” Optional book available for $15.
CONVENER: Bobbie Christensen & Eric Christensen (916-422-9435)
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, April 14; 9:00 AM - 12:00 PM; Stu Student Union (New), Rm. 302, 5100 Cherry, UMCK Campus, KCMO; metered parking lot on north side, one building to the north; LIMIT: 25

#2002 A
Alphabet Soup of Medicare Insurance
This is a fun, relaxed class and a pain-free way to learn. What are Medicare Part A and Part B? How do Medicare supplement plans fill coverage gaps? What is a Plan C, Plan F, and let’s not forget the new Part D prescription drug plan. Learn about Medicare PPOs and HMOs. This two-hour class will help you master the ABC’s of Medicare insurance. Jeff has been an insurance professional since 1987, holds the professional designation of Life, Health, and Annuities, is a Homeowner’s Insurance Underwriters Training Council Fellow and has a bachelor’s degree in Business Administration.
CONVENER: Jeff David (816-436-2622)
Email: jeffdavid@jeffdavidinsurance.com
Website: www.jeffdavidinsurance.com
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, February 04; 10:00 AM - 12:00 PM; Waldo Branch Library, Rm. B, 75th & Grand, KCMO; LIMIT: 15

#2003 A
Money Management, Making the Most of your Financial Future.
Topics discussed will include cash flow and cash reserves, insurance planning, retirement and college funding, as well as investment strategies and basic estate planning.
CONVENER: Jim Schank
CLASS FEE: $14.00
Sec. A: 2 sessions; Wednesdays, beginning, February 22; 7:00 PM - 8:30 PM; Central Library, Rm. 312, 14 W 10th St (corner of Baltimore and 10th), KCMO; LIMIT: 20

#2004 A
Cathy Dolen, life coach, single mother, and entrepreneur has practiced this financial methodology for over a decade. She’s proof that this timeless approach to wealth works and now presents a study and application of Wallace D. Wattles’ precise methods for achieving personal wealth. She prescribes that money and prosperity come to us as a result of doing things in a certain way. Wattles succinctly and in a clear-cut manner describes the techniques of the law of attraction for attracting and manifesting financial success regardless and in-spite of political and economic conditions.
CONVENER: Cathy Dolen
Email: cathydol@gmail.com
CLASS FEE: $18.00
Sec. A: 4 sessions; Wednesdays, beginning, March 07; 6:30 PM - 8:00 PM; Central Library, Rm. 310, 14 W. 10th St, KCMO, NE corner of Baltimore & 10th; LIMIT: 15

#2005 A or B
First Time Home Buyers Seminar
Not sure where to start your home-buying journey? Come to this seminar and discover money-saving secrets to buying your first (or second) home. You will learn how to save time, effort and money when buying a home. Topics include: step-by-step purchase plan, local market trends and stats, how to avoid common pitfalls, tips to improve credit score, benefits of buying vs. renting and different financing options. Anyone considering the purchase of a home in the next year will gain valuable insight from this seminar.
CONVENER: Brad Papa (913-526-4985)
Email: brad@papasrinhouse.com
Website: http://www.PapasInTheHouse.com
CLASS FEE: $9.00
Sec. A: 1 session; Tuesday, March 20; 6:30 PM - 8:00 PM; Realty Executives of Kansas City, 11401 Ash Leawood, KS 66211; LIMIT: 15

#2006 A
“Ohnosis?” Retirementology
“OHNOSIS?” Realizing we should have started planning for retirement years ago. Retirementology®, a new approach to help you overcome emotion-based financial behavior including procrastination. It’s not too late to get started or get back on track. Warren Varney (MoneySmartLiving) has 27 years experience. Securities offered through Peak Brokerage Services, LLC; Member FINRA/ SIPC/MSRB. Advisory services offered through Peak Wealth Group, LLC.
CONVENER: Warren Varney (816-861-7449 816-309-5815)
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, March 31; 10:30 AM - 12:30 PM; Waldo Branch Library, Rm. A, 75th & Grand, KCMO; LIMIT: 20

#2007 A
Getting the Most from Social Security
Are you aware that a few key decisions can make a big difference in the amount of your Social Security benefit? Learn strategies to maximize your benefit by joining me for a brief and informative seminar. We’ll cover: key Social Security benefit decisions, simple steps that can help maximize your benefit, and how to get started. Warren Varney (MoneySmartLiving) has 27 years experience helping people manage money, debt, and investments while building successful and fulfilling lives. Securities offered through Peak Brokerage Services, LLC.
CONVENER: Warren Varney (816-861-7449 816-309-5815)
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, April 21; 10:30 AM - 12:00 PM; Roayl Hall, Rm. 205, 52nd St, between Rockhill & Holmes, UMCK Campus, KCMO; LIMIT: 20

#2008 A
Financial Workshop—Your Source for Financial Education
No matter what your age, chances are you want a better future. This financial workshop for individual investors is an easy way to learn how to save, invest, and work toward your financial goals. Whether you’re just starting out or want to learn something new, the workshop will give you real-world strategies that are easy to follow.
CONVENER: Andrew Soiania (913-831-1915 816-645-8486)
CLASS FEE: $16.00
Sec. A: 3 sessions; Tuesdays, beginning, February 07; 6:00 PM - 8:00 PM; 6005 Johnson Drive, Mission, KS 66202; LIMIT: 12

#2009 A
Long Term Care—101: the Basics and Then Some
As baby boomers age, the need for long term care expand. What does Medicaid, Medicare and private long term care insurance provide? What is most appropriate for your family? For you? This class will provide answers and information to help you make an informed decision. Convener is a licensed agent for long term care.
CONVENER: Barney Mayse (913-908-8328)
Email: bwmayse@gmail.com
CLASS FEE: $9.00
Sec. A: 1 session; Monday, March 05; 6:00 PM - 8:00 PM; Student Union (New), Rm. 419, 5100 Cherry St., UMCK Campus, KCMO; metered parking lot on north side, one building to the north; LIMIT: 18

#2010 A
The Four Week Financial Turnaround
Gain control of your monthly spending habits. Feeling great about money is within reach. You will work through a four-week workbook that helps create an air-tight monthly budget. Using your own real-life financial information, the answers to your budgeting questions will be uncovered. Let’s create order out of chaos. Bring $15 to class for materials fee.
CONVENER: Derek Olsen
Email: derek@rootofprosperity.com
CLASS FEE: $18.00
Sec. A: 4 sessions; Tuesdays, beginning, March 06; 7:00 PM - 9:00 PM; Central Library, Rm. 312, 14 W 10th St (corner of Baltimore and 10th), KCMO; LIMIT: 20
#2011 A Cinderella, Don't Get Burned Tending the Home Fire: Fireproof your Financial Future
Contemplating divorce, but not sure what it would look like financially? Learn what you need to know before you make the leap. If marital assets are involved, whether your marriage is long-term or short-term, you will benefit by attending this workshop. Ms. Lockhart is a Certified Financial Planner® Professional and Certified Divorce Financial Analyst with 28 years experience as a financial advisor, owner of FAIR Financial Group, LLC., and creator of Divorce SenseSM: “pre-divorce financial planning for post-divorce living.”

CONVENER: Sharon Lockhart, CFP® CDFA™
CLASS FEE: $9.00
Sec. A: 1 session; Thursday, March 15; 7:00 PM - 9:00 PM; 4200 Somerset Suite 120, Prairie Village, KS; LIMIT: 8

#2012 A A Man is Not a Financial Plan
Are you one man away from financial disaster? Have you confused marriage with retirement planning? Do you know how much income you will have in retirement or how much you will need? Today, 50% of marriages end in divorce and the average age of widowhood is 56. Whether married, single, divorced or widowed, sign up now for this course. Ms. Lockhart is a Certified Financial Planner Professional over 28 years of experience as a financial advisor and is a registered principal of a Raymond James Financial Services office in Prairie Village.

CONVENER: Sharon Lockhart, CFP® CDFA™
CLASS FEE: $9.00
Sec. A: 1 session; Thursday, April 19; 7:00 PM - 9:00 PM; 4200 Somerset Suite 120, Prairie Village, KS; LIMIT: 8

#2013 A, B or C Grant Writing Finally Made Easy
Billions of dollars in grants are awarded annually to a wide variety of nonprofit organizations. This course will help you develop the knowledge and confidence needed to write award winning and successful corporate, foundation, and local, state, and federal grant proposals in half the time using our exclusive “Big 10 Grant at a Glance System.” You’ll also learn to develop the successful stakeholder collaborations needed to ensure your success. Convener is a successful grant writer and consultant and the President of America’s Future Leaders University, Inc. Bring $10 to class for materials.

CONVENER: Barbara Wright (816-728-0170 816-728-0170)
Email: certifieddreambuilder@yahoo.com
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, February 04; 10:00 AM - 1:00 PM; Plaza Library, Large Room, 48th & Main, KC; LIMIT: 20
Sec. B: 1 session; Saturday, March 03; 10:00 AM - 1:00 AM; Westport Library, Meeting Room, 118 Westport Rd., KC; (please use street parking); LIMIT: 20
Sec. C: 1 session; Saturday, April 07; 10:00 AM - 1:00 AM; Westport Library, Meeting Room, 118 Westport Rd., KC; (please use street parking); LIMIT: 20

#2014 A Effective Direct Mail
Do you use direct mail in your business? If not, would you like to? We’ll cover elements of direct mail, who uses direct mail, and where to find mailing lists. Convener has been buying and selling postal mail lists since 1988. Phil is a professional list broker who was the first Director of List Services at DIMAC (Direct Mail Corporation of America) and worked for Modern Handcraft, which mailed over 60,000,000 pieces a year, as Director of List Services.

CONVENER: Phil Agee
CLASS FEE: $9.00
Sec. A: 1 session; Wednesday, February 08; 6:30 PM - 8:30 PM; Johnson County Library, Oak Park Branch, 9500 Bluejacket St., OPKS 66214; LIMIT: 20

#2015 A Personal Efficiency— How to Improve Your Efficiency at Work and in Your Life.
On what does success depend? Is it intelligence? Work? Who you know? Luck? By knowing the underlying rules of life and applying their principles, you will achieve security in your job, relationships and all other areas of living-ensuring success. Learn to conquer chaos by implementing a single principle that stabilizes confusion and creates order. By understanding what confusion is actually made of, you can stop it instantly. Bring $5 to class for the material fee.

CONVENER: Liz Carr
CLASS FEE: $9.00
Sec. A: 1 session; Tuesday, February 07; 7:00 PM - 8:30 PM; Church of Scientology, 2 E 39th St. Kansas City, MO 64111; LIMIT: 20

#2016 A Start Your Business Now
Business start ups often have good ideas but need information to help them incorporate a good business plan. This is a practical course that recognizes that talent is personal. In this workshop you’ll learn the regulatory aspects of starting a business and you’ll be given the tools to put your ideas and talents into action.

CONVENER: Christine Qi
CLASS FEE: $14.00
Sec. A: 2 sessions; Mondays, beginning, February 13; 6:30 PM - 7:30 PM; Waldo Branch Library, Ry., B, 75th & Grand, KC; LIMIT: 15

#2017 A, B, C or D Selling on eBay Intro
Got stuff? Have something to sell (collections, store merchandise, crafts, antiques, overstock, junk)? eBay is the place! This intro will get you ready to sell (pricing, shipping, listing, etc.). Some internet and e-mail experience is recommended.

CONVENER: Robert Frankie (816-942-9041)
Email: rfranke2@kc.rr.com
Website: kkannon.com
CLASS FEE: $9.00 - $3.00 material fee = $12.00
Sec. A: 1 session; Saturday, February 18; 9:00 AM - 12:00 PM; Student Union (New), Rm. 302, 5100 Cherry, UMKC Campus, KC; metered parking lot on north side, one building to the north; LIMIT: 20
Sec. B: 1 session; Thursday, March 01; 7:00 PM - 10:00 PM; UMKC School of Medicine, Theatre C, first floor, 24th & Charlotte, KC; Bring picture ID; LIMIT: 20
Sec. C: 1 session; Saturday, April 14; 9:00 AM - 12:00 PM; Student Union (New), Rm. 402, 5100 Cherry St., UMKC Campus, KC; metered parking lot on north side, one building to the north; LIMIT: 20
Sec. D: 1 session; Thursday, May 10; 7:00 PM - 10:00 PM; UMKC School of Medicine, Theatre C, first floor, 24th & Charlotte, KC; Bring picture ID; LIMIT: 20

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The first rule of any technology used in a business is that automation applied to an efficient operation will magnify the efficiency. The second is that automation applied to an inefficient operation will magnify the inefficiency. ~Bill Gates

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**COMMUNIVERSITY SCHEDULE 2012**

**WINTER CLASSES BEGIN:**
- MONDAY, JANUARY 23, 2012
- SPRING WHOLISTIC HEALTH FAIR:
  - SUNDAY, MARCH 18, 2012
- SUMMER AD & CLASS DEADLINE:
  - FRIDAY, MARCH 30, 2012
- SUMMER CLASSES BEGIN:
  - MONDAY, JUNE 4, 2012
- FALL AD & CLASS DEADLINE:
  - FRIDAY, JULY 20, 2012
- FALL CLASSES BEGIN:
  - MONDAY, SEPTEMBER 24, 2012
- WINTER AD & CLASS DEADLINE:
  - FRIDAY, NOVEMBER 16, 2012
#2108 A  
**Navigating the Internet for Small Business Owners**

Small business owners are bombarded with choices all the time. It is not enough to throw up a website and expect it to bring business. Come prepared with questions related to how to get the results you want from your online efforts. Sign up in advance and I’ll do a review of your current website and give recommendations on how to improve it during a one-on-one consultation. Your website may be used as an example in class if you request it. Bring paper and pen. Chuck Franks is a Business Relationship Coach who helps people use social media to market effectively. He is a Professional Certified Coach through ICF with a Masters in Counseling Psychology.  

**CONVENER:** Chuck Franks (816-885-2526)  
Email: chuck@chuckfranks.com  
Website: www.chuckfranks.com  
CLASS FEE: $9.00  
Sec. A: 1 session; Thursday, March 08; 6:00 AM - 10:00 AM  
AMT: Student Union (New), Rm. 419, 5100 Cherry St., UMKC Campus, KCMO, metered parking lot on north side, one building to the north; LIMIT: 15

#2109 A  
**Social Media: How Small Business Owners Can Attract New Customers and Grow Your Business**

Learn what business owners and entrepreneurs are doing to attract new clients and why. We will cover the latest in social media, shifts in marketing strategies, SEO, Facebook, LinkedIn, YouTube, Twitter, blogging and some things you haven’t even heard of yet. Learn how to easily grow your business. Free one-on-one consultation of your business if you are interested (scheduled outside of class). Chuck Franks is a Business Relationship Coach who helps people use social media to market effectively. He is a Professional Certified Coach through ICF with a Masters in Counseling Psychology.  

**CONVENER:** Chuck Franks (816-885-2526)  
Email: chuck@chuckfranks.com  
Website: www.chuckfranks.com  
CLASS FEE: $9.00  
Sec. A: 1 session; Thursday, February 09; 6:30 PM - 9:00 PM  
PM: Plaza Library, Small Room, 48th & Main, KCMO; LIMIT: 20

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**Practical Skills**

#2201 A  
**Buying a Good Used Car**

Before you buy your next used car or truck, come join us for an introduction to the world of auto dealers and the things they try to sell you. This class will help you price, locate and evaluate your next purchase. Larry has bought and sold cars for 40 years as an individual, not a dealer. He does not work for any dealers and will help you avoid many mistakes he and others have made. Half of class time will be in the classroom and the other half outside in a covered garage to look at cars, the way you would on a used car lot. Please bring $5 to class for materials.  

**CONVENER:** Larry Pulos (816-204-9897 816-761-8759)  
Email: pulos2002@gmail.com  
CLASS FEE: $9.00  
Sec. A: 1 session; Tuesday, February 07; 6:30 PM - 8:45 PM  
PM: Plaza Library, Small Room, 48th & Main, KCMO; LIMIT: 20

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#2202 A  
**Maybe You’re Not Sick; Maybe You’re Just Suppressed.**

Why are some people ill more often than others? Why are some accident prone? There is an explanation, and it has nothing to do with the gods, fate or the position of the stars. In fact, the actual reason behind these phenomena and their resolution will be explained in this course. You can see through the complexities of human behavior and discover the underlying factors which explain the phenomenon of suppression in people—for it is suppression by others that causes these seemingly haphazard events. Bring $5 for materials to class.  

**CONVENER:** Liz Carr  
CLASS FEE: $9.00  
Sec. A: 1 session; Saturday, February 11; 1:30 PM - 3:00 PM;  
PM: Student Union (New), Rm. 419, 5100 Cherry St., UMKC Campus, KCMO, metered parking lot on north side, one building to the north; LIMIT: 15

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#2203 A  
**Couponing for the Real World**

You don’t have to shop like the people on Extreme Couponing to get some great deals and keep your budget down. In this session we will provide tips and tricks for using coupons, social media and other outlets to save money and not have to turn it into a second job!  

**CONVENER:** Shelby Coxon  
CLASS FEE: $9.00  
Sec. A: 1 session; Thursday, February 09; 6:00 PM - 8:00 PM  
PM: Student Union (New), Rm. 402, 5100 Cherry St., UMKC Campus, KCMO, metered parking lot on north side, one building to the north; LIMIT: 30

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#2204 A or B  
**Get Organized, Stay Organized**

Overwhelmed by clutter? Come meet a professional organizer who will give you tips on where to start, how to sort and categorize your possessions, as well as, prepare you to tackle the most intimidating clutter in your life. Several organizational tools will be introduced and explained, and each participant will receive a personal organizational self-assessment form to help prioritize your organizational needs. Materials fee covers cost of book. Christine is a professional organizer, speaker, author of “Get Organized, Stay Organized,” and business coach residing in Kansas City.  

**CONVENER:** Christine Shuck (816-331-5902)  
Email: christineshuck@kcrr.com  
Website: www.25thHourOrganizing.com  
CLASS FEE: $9.00 + $15.00 material fee = $24.00  
Sec. A: 1 session; Saturday, January 28; 10:00 AM - 12:00 PM;  
PM: Student Union (New), Rm. 302, 5100 Cherry, UMKC Campus, KCMO, metered parking lot on north side, one building to the north; LIMIT: 30  
Sec. B: 1 session; Saturday, March 10; 10:00 AM - 12:00 PM;  
PM: Westport Library, Meeting Room, 116 Westport Rd., KCMO (please use street parking); LIMIT: 30

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#2205 A  
**Car Smarts**

So just what is a tune-up, and how do you know if you need one? What does it mean if your brakes squeak? We’ll go over maintenance—what your car needs, why it needs it, and what it probably doesn’t need. We’ll also look at different types of repair shops, and tips on finding a good one that suits your needs. Please bring your owner’s manual with maintenance schedule and $2 for materials to class. Convener is a professional auto mechanic with over 35 years of experience.  

**CONVENER:** Gary Tannen (816-561-0090)  
CLASS FEE: $14.00  
Sec. A: 1 session; Saturday, March 10; 9:00 AM - 1:00 PM;  
PM: 57th St. (enter through Garage Door), KCMO; LIMIT: 10

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#2301 A  
**Organizing Solutions for Residential Spaces**

Home should be a place to relax and enjoy your family and friends. If your house is disorganized and full of clutter, you might have difficulty thinking of anything but the clutter and incomplete projects. When life and work seem stressful and busy, a home in a constant state of calm can act as an important sanctuary. Achieving an organized lifestyle doesn’t have to be a daunting task. Learn new ideas to get out from under the clutter and find tranquility in your home. Patty Hoyt is a professional organizer with Abundance Organizing.  

**CONVENER:** Patty Hoyt  
CLASS FEE: $9.00  
Sec. A: 1 session; Thursday, February 09; 6:30 PM - 9:00 PM;  
PM: Student Union (New), Rm. 412, 5100 Cherry St., UMKC Campus, KCMO, metered parking lot on north side, one building to the north; LIMIT: 10
**#2302 A**

**How to Organize Your Child’s “Stuff” with Sanity and Purpose**

Are you overwhelmed? Are your kid’s things taking over the house? Learn how to organize your child’s toys, photos, memorabilia, clothing, paper and more! With four children of her own, Tracy’s compassion will give you hope, her teaching style will make it fun and her secrets and ideas will change your life! Tracy Hoth is a Professional Organizer. Visit her website to learn more and get a copy of her new e-book.

**CONVENER:** Tracy Hoth (816-820-8848)  
Website: [www.simplysquaredaway.com](http://www.simplysquaredaway.com)  
CLASS FEE: $9.00  
**Sec. A:** 1 session; Tuesday, April 05; 7:00 PM - 8:15 PM; Student Union (New), Rm. 420, 5100 Cherry St., UMKC Campus, KCMO. Metered parking lot on north side, one building to the north; LIMIT: 10

**New Online Easy Sign-up**  
[www.umkc.edu/commu](http://www.umkc.edu/commu)
**Language**

#2401 A

*Creole Made Easy*

Our intent is for participants of this class to learn enough Creole to functionally communicate. We hope that you will choose to use your newfound language skills in Haiti. Convener is a member of Glory House Services, a not-for-profit agency that works to integrate Haitians into the Kansas City community. Glory House Services also travels to Haiti every three to six months to do mission work, an opportunity which is extended to those who take this class. Please bring whatever you need will to take notes. Material fee covers the cost of the book.

**CONVENER:** Ilatbert Joseph (816-600-1457)

**CLASS FEE:** $18.00 + $18.00 material fee = $36.00

**Sec. A:** 10 sessions; Saturdays, beginning, January 28; 1:00 PM - 2:00 PM; Royal Hall, Rm. 205, 52nd St, between Rockhill & Holmes, UMKC Campus, KCMD; LIMIT: 15

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#2402 A

*Mesa Español*

This is an informal coffeehouse discussion where people come to enjoy conversing and practicing in Spanish. The group is ever-changing with people of many backgrounds, including native speakers. There is no teacher; we simply discuss whatever comes up, along with sharing information about Hispanic arts, parties and activities. Class meets every other Sunday.

**CONVENER:** Douglas Kingsbury & Bertha Sanchez  
  (816-931-0077)

**Email:** kingsbury@bitz-t.net

**CLASS FEE:** $18.00

**Sec. A:** 9 sessions; Saturdays, beginning, January 28; 4:30 PM - 6:00 PM; Westport Coffee House, 4010 Pennsylvania, back room, KCMD; LIMIT: 10

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**Science & Philosophy**

#2701 A or B

*Modern Day Hinduism in Action*

The Hindu scriptures are filled with modern day wisdom and advice to move you forward in your life. This class will focus on select passages of the Bhagavad Gita, the Vedas, and the Upanisads, considered to be the most sacred of the Hindu texts. We will decode the scripture and look at how it can be applied to your everyday life. By the end of this class you will be applying Hindu philosophies to create a customized action plan for the New Year.

**CONVENER:** Vasavi Kumar (913-951-1764)

**Email:** vasavi.kumar@gmail.com  
  Website: www.vasavikumar.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Saturday, March 10; 11:30 AM - 1:30 AM; Central Library, Rm. 312, 14 W 10th St (corner of Baltimore and 10th), KCMD; LIMIT: 15

**Sec. B:** 1 session; Monday, March 19; 5:30 PM - 7:30 PM; Student Union (New), Rm. 419, 5100 Cherry St., UMKC Campus, KCMD; metered parking lot on north side, one building to the north; LIMIT: 15

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#2702 A

*The R/T Quadrant: a Philosophical Organizer*

A graphical organizer for the basic questions and the major ideas in philosophy and religion is presented. (R=Realism? and T=Transcendence?)

The tool is useful for evaluating historical thought and trends, comparing ideas, and approaching new material. Major world views, postmodernism, history of science, and other major areas of scholarship will be compared on the basis of their answers to basic philosophical questions. David Van Horn has been a researcher and educator in chemistry at UMKC for over nine years.

**CONVENER:** David Van Horn

**CLASS FEE:** $15.00

**Sec. A:** 3 sessions; Thursdays, beginning, January 26; 7:00 PM - 9:00 PM; Spencer Chemistry Bldg., Rm. 212, 5009 Rockhill Rd., UMKC Campus, KCMD; LIMIT: 20

#2703 A

*Gemstone Identification*

Learn the basics of gemstone identification, including how to distinguish natural stones from man-made. Class includes hands-on experience with microscopes and other gemstone identification instruments from the area’s most complete gem lab. Slide program included. Bring your own jewels if you like. Convener is a graduate gemologist and president of Goodden Jewelers.

**CONVENER:** Ricki Goodden (816-421-0281)

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Saturday, February 18; 2:00 PM - 4:00 PM; Goodden Jewelers, 1004 Baltimore, #101, (Library Loft District), KCMD; LIMIT: 15

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#2704 A

*Fossils for Everyone*

Kansas City was once submerged under a shallow sea, full of plant and animal life. The road cuts around the metro provide us a glimpse into our distant past, with some surprising finds! You’ll be introduced to the study of fossils and we’ll teach you the necessary tools to identify some common area fossils. We’ll tour the UMKC Geosciences museum on Friday night in preparation for our fossil dig the next day, Saturday. If inclement weather, class will be postponed until May 18 and 19.

**CONVENER:** Elizabeth Goodden (816-421-0281)

**CLASS FEE:** $14.00

**Sec. A:** 2 sessions; Friday, May 11 from 7:00 PM - 8:30 PM; Flarsheim Hall, Rm. 271, 5110 Rockhill Rd., UMKC Campus, KCMD; Location announced at the class on Friday; LIMIT: 20

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**History & Culture**

#2705 A

*Introduction To Objectivism: The Philosophy of Ayn Rand*

Author and philosopher Ayn Rand wrote such best-selling novels as “The Fountainhead” and “Atlas Shrugged.” She called Objectivism, “a philosophy of ayn rand philosophy of living on earth.” It holds the view of, “man as a heroic being, with his own happiness as the moral purpose of his life, with productive achievement as his noblest activity, and reason as his only abso-

**CONVENER:** Kurt Colville & David Lombardo

**Email:** kc@kc.com

**CLASS FEE:** $14.00

**Sec. A:** 2 sessions; Thursdays, beginning, January 26; 7:00 PM - 9:00 PM; Plaza Library, Small Room, 48th & Main, KCMD; LIMIT: 40

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#2801 A

*Kansas City’s Union Cemetery*

Where in Kansas City is the grave of a female POW of the Revolutionary War buried? She is joined by veterans of every War the USA has fought. The answer is Kansas City’s Union Cemetery. Located by Crown Center, this is a hidden gem of Kansas City. Learn about the history of the people buried here, plus the monuments erected to the people who helped make Kansas City in its formative years. Also we will look at ongoing efforts to maintain this amazing landmark. Richard Ubert is a member of the Kansas City Union Cemetery Historical Society. He is currently involved in projects concerning the cemetery.

**CONVENER:** Richard Ubert (816-509-2933)

**Email:** rubert@kc.com

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Saturday, February 04; 1:00 PM - 2:00 PM; Westport Library, Meeting Room, 118 Westport Rd., KCMD (please use street parking); LIMIT: 12

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#2802 A

*Celtic Myth*

Just in time for St. Patrick’s Day, find out about the Celtic people and what they believed in. If you have ancestors from Scotland, Ireland, Wales, Britain, Cornwall, or any other Celtic countries, come check it out. Remember, Celt is always pronounced with a hard C. Jane, better known as Lady Fiona, loves mythology, and thinks that these stories are all true. It is important to keep these old stories alive. Please bring $1 to class for materials.

**CONVENER:** Lady Fiona

**CLASS FEE:** $9.00

**Sec. A:** 1 session; Friday, March 09; 7:00 PM - 9:00 PM; Student Union (New), Rm. 419, 5100 Cherry St., UMKC Campus, KCMD, metered parking lot on north side, one building to the north; LIMIT: 16
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